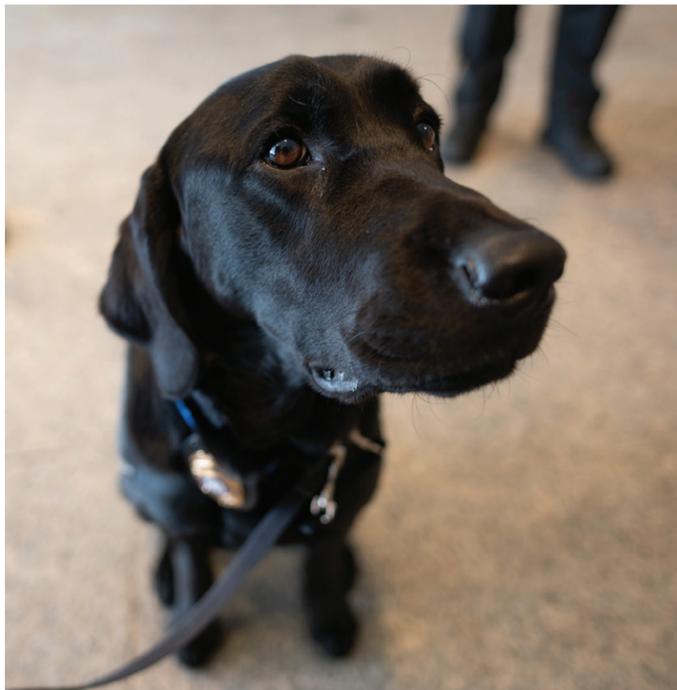




Check out the **Valentine's Day Issue!** Flip to the back!

## UConn Police Department welcomes new facility dog



UCPD Officer Tildy and Carson are handled by Justin Cheney and JB O'Reilly in the Student Union on Wednesday morning. The dogs interacted with students and lightened up their mood after stressful classes.

by **Taylor Harton**  
NEWS EDITOR  
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Last week, the University of Connecticut Police Department (UCPD) announced the arrival of a second facility dog, a black lab/golden retriever mix named Carson, who will primarily serve the regional campuses with handler Officer J.B. O'Reilly in an effort to expand the department's community outreach efforts.

Carson is joining the yellow lab/golden retriever mix Tildy, who has been on campus with Officer Justin Cheney since 2018. Both pups were trained as registered support animals at Canine Companions for Independence in Medford, New York.

Prior to graduating from CCI, Carson was born in California and raised on the Longwood University campus in Farmville, Virginia. While at LU, Carson was raised by members of the Service-Dog Training and Education Program (STEP), a program at the university devoted to educating, advocating and caring for service dogs.

His handler, Officer O'Reilly, has been an officer at UConn for two years and was originally drawn to campus because of the department's outreach unit. He immediately noticed the impact Tildy had on students and how much easier it was for them to approach law enforcement on campus when Tildy was present.

"When Justin would come up [from Avery Point, where Tildy was stationed for a few months in 2019], I realized how much easier the outreach work was when we had Tildy with us," O'Reilly said. "Students come flocking from everywhere to come talk to us when they see the dog."

It was then that Deputy Chief Magdalena Silver put in an additional application to CCI for another facility dog for the department. Officer O'Reilly interviewed and was accepted for the canine handler position months later. O'Reilly completed his two-week training at CCI in January and was then able to bring Carson home.

"Carson's main focus is going to be at the regional campuses," O'Reilly said. "Any outreach ser-

vices we provide in Storrs, we want to make sure we can do the equal, if not better programming, at the regional campus. The focus of the police department is one UConn."

Through his outreach efforts, O'Reilly said he spoke to several students who expressed their despair and frustration with the abrupt and uncomfortable circumstances the COVID-19 pandemic has brought upon them. He said it is his hope for Carson to be able to quell those negative feelings.

"Especially during the pandemic, we talk to kids who keep saying they feel lonely and isolated," O'Reilly said. "Even if he [Carson] can just bring a little bit of joy and happiness to the students, that's really what we want to do."

Carson, like his unofficial big sister Tildy, will eventually be doing work in victim services at the university. Carson will play an integral role in being present in helping students go through justice system proceedings such as victim statements, identifications and so on.

See UCONN, p. 2

## ICYMI: Gorilla Glue is not a hair product, Super Bowl, Impeachment and Zoom filters

by **Rachel Philipson**  
STAFF WRITER  
RACHEL.PHILIPSON@uconn.edu

Did you miss any big news this past week? Don't worry — The Daily Campus has your back. Here is a breakdown of the top news stories.

### Gorilla Glue Mishap:

A Louisiana woman sought medical treatment Saturday, Feb. 6 after spending the past month with Gorilla Glue stuck in her hair, according to The Guardian.

Tessica Brown has been sharing her hair story on Tik Tok and has earned over 20 million views. Instead of using her usual Got2B spray, she used super-strength adhesive Gorilla Glue as a replacement. Her hair, which she has named "the forever ponytail," has not moved in a month.

She posted two videos on her social media pages Saturday. One shows a nurse applying acetone wipes and sterile water to her hair. The other video shows her in the emergency room. It is still unclear if either of these methods have worked.

### Super Bowl LV:

The Tampa Bay Buccaneers beat the Kansas City Chiefs 31-9 Sunday, Feb. 7.

Tom Brady, the Buccaneers' quarterback, clinched his seventh Super Bowl win, breaking his own personal record of being the oldest quarterback to win and holding the most Super Bowl titles, according to CBS News. He was also named the game's MVP.

Tampa Bay is now the first team to both play and win the Super Bowl in their home stadium.

The Chiefs failed to score a touchdown throughout the entire game. They are the third team to have done so, joining the Rams in Super Bowl LIII and the Dolphins in Super Bowl VI, according to CBS Sports.

Before the game even started, Amanda Gorman, the 22 year-old poet who performed at President Biden's inauguration, became the first poet to be featured in the Super Bowl, according to the New York Times. She delivered a new poem, "Chorus of the Captains," in a pre-recorded segment.

During halftime, The Weeknd performed a medley of his songs, including "Can't Feel My Face" and "Blinding Lights." The production featured a hall of mirrors, gospel singers and an ensemble of bandaged backup dancers. He personally spent \$7 million for the performance, according to CNN Entertainment.

### Puppy Bowl XVII:

For those who wanted a different type of game Sunday, Feb. 7, Animal Planet aired its 17th Puppy Bowl, a televised mock football game featuring shelter puppies who are eligible for adoption.

Twelve puppy players came from Western Connecticut, according to News 12. The selection process was altered this year, as puppies were only selected from driving distance away from the upstate New York filming location to accommodate COVID-19 safety regulations. These dogs hailed from Danbury Animal Welfare Society, Ridgefield Operation Animal Rescue and Norwalk's Pet Animal Welfare Society. All 12 puppies have since been adopted.



From left, David Schoen, Bruce Castor and Michael van der Veen, lawyers for former President Donald Trump, arrive at the Capitol on the third day of the second impeachment trial of Trump in the Senate, Thursday.

ESPN announcer Steve Levy and SportsCenter host Sage Steele provided commentary on the game between Team Ruff and Team Fluff. Ultimately, Team Ruff won with a final score of 73-69, according to CNN.

### Impeachment Trial:

The second impeachment trial of former President Donald Trump began Tuesday, Feb. 9.

#### Day One:

The first day focused on the constitutionality of trying to impeach a president who is no longer in office. Former President Trump is being tried for whether or not he incited an insurrection by encouraging supporters who stormed the Cap-

itol last month and disrupted the counting of Electoral College votes, according to The New York Times.

House managers began the day showing a video montage of Trump "egging on supporters," according to CNN. Lead impeachment manager Jamie Raskin shared his story from the day of the attack and said "this cannot be the future of America."

At the end of day one, the final 56-44 vote rejected Trump's defense team's claim that it is unconstitutional to prosecute a president after leaving office. All 50 Democrats, with an additional six Republicans, voted towards continuing the impeachment, according to The New York Times.

#### Day Two:

On Wednesday, Feb. 10, the House impeachment managers showed new violent security footage from the U.S. Capitol, according to CNN. The footage is being used as part of a presentation to show the "extreme violence" at the Capitol on Jan. 6.

According to the Washington Post, three notable video moments showed former Vice President Mike Pence being evacuated from the Senate chamber, Officer Eugene Goodman telling Mitt Romney to run from the mob and rioters yelling "Where are your Nancy? We're looking for you, Nancy."

See ICYMI, p. 2

**CONFIRMED 2021 COVID-19 CASES AT UCONN STORRS**  
as of 5:50 p.m. on Feb. 12 \*positive test results

**52** Current Residential Cases (positive/symptomatic)

**81** Cumulative Residential Cases\*

**96** Cumulative Commuter Cases\*

**175** Cumulative Staff Cases\*

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**Daily** PERCEPTIONS | PAGE 4  
On the stories of solutions

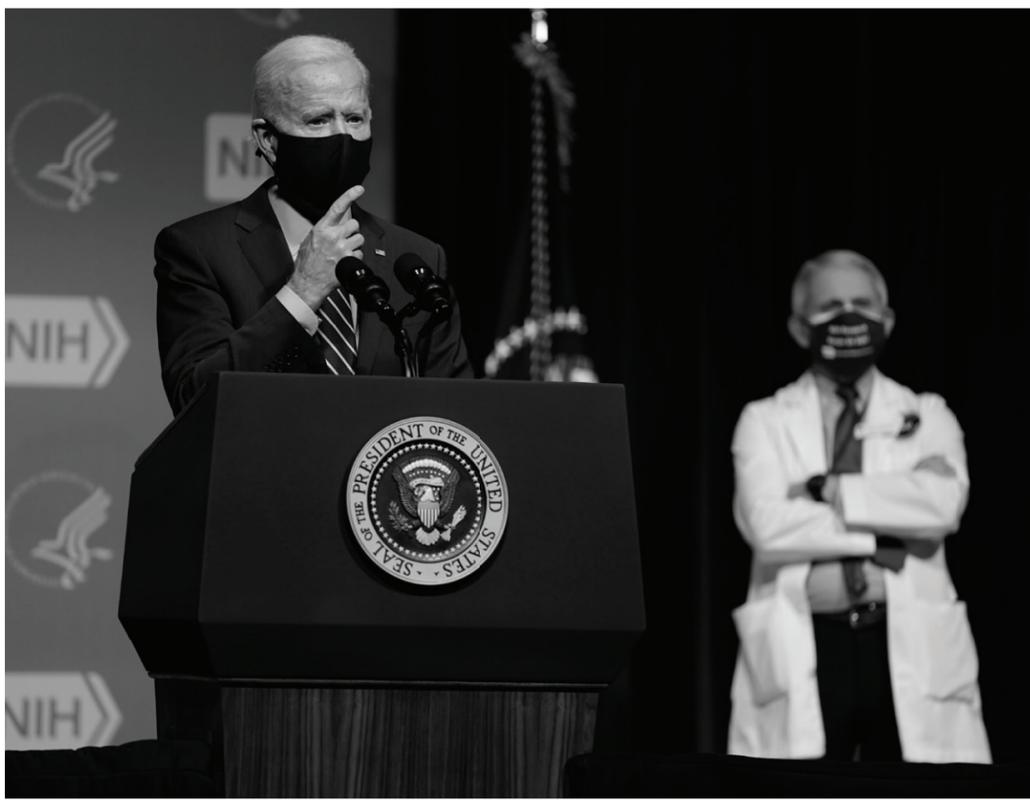
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Preview: Huskies look to bounce back at Xavier

**Elahe Izadi**  
@Elahelzadi  
struck by how much of the evidence at this impeachment trial is the work done by journalists

## News

## Biden says US is securing 600 million vaccine doses by July



President Joe Biden speaks during a visit to the Viral Pathogenesis Laboratory at the National Institutes of Health, Thursday. Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, listens at right. PHOTO BY EVAN VUCCI/AP PHOTO

BETHESDA, Md. (AP) — President Joe Biden said Thursday that the U.S. will have enough supply of the COVID-19 vaccine by the end of the summer to inoculate 300 million Americans.

Americans by the end of July," he announced.

The pace of injections could increase further if a third coronavirus vaccine from drugmaker Johnson & Johnson receives approval

troops to help stand up mass vaccination sites in several states, as it looks to lay the groundwork for increasing the rate of vaccinations once more supply is available.

The Viral Pathogenesis Laboratory is led by Dr. Barney Graham, whose team made critical discoveries years ago that laid the groundwork for rapid development of that and other COVID-19 vaccines. Before the pandemic erupted, one of Graham's research fellows, Dr. Kizzmekia Corbett, had been using those earlier findings to develop a vaccine for MERS, a cousin of COVID-19.

On the tour, Biden was shown the lab bench where researchers sequenced the virus and developed the precursor of the Moderna vaccine.

Armed with their prior research, Corbett and Graham had a head start when Chinese scientists shared the genetic map of the new coronavirus in January 2020. They already knew how to make spike proteins, which coat the surface of the new coronavirus and its MERS relative, that were stable enough to be used as a key vaccine ingredient. Within days, the NIH had sent

from the Food and Drug Administration.

Speaking with Dr. Anthony Fauci, the nation's top infectious-disease specialist, Biden emphasized that his administration is doing everything possible to increase the vaccine supply and the country's capacity to deliver injections into arms.

"It's been a hell of a learning process," Biden said.

Biden, wearing a mask, used his remarks to criticize President Donald Trump, saying he inherited "no plan to vaccinate most of the country."

### "Our end goal is beating COVID-19."

PRESIDENT JOE BIDEN

"It is no secret that the vaccination program was in much worse shape than my team and I anticipated," he said.

To date, the Biden administration has deployed active-duty

instructions to Moderna to brew up doses, and Corbett and her colleagues were setting up the key lab and animal tests that would eventually prove they were on the right track.

## ICMYI: Presidential trial and a cat in the court

ICMYI, cont. from p. 1

Day Three:

On Thursday, Feb. 11, the House impeachment managers continued to present their case against former President Trump. According to CNN, House impeachment manager Ted Lieu said Trump failed to show remorse or take responsibility in the days following the Capitol riot. Lieu explained that lack of remorse can suggest future harm, if given the opportunity.

"President Trump expressed no regrets for last week's violence in-surrection at the US Capitol. This sends exactly the wrong signal to those of us who support the very core of our democratic principles and took a solemn oath to the con-

stitution. It is time to say enough is enough," Lieu said, according to CNN.

Lieu also commended Trump for not paying his respects to the late U.S. Capitol Police Officer Brian Sicknick.

**Zoom Faux Pa(w)s:**

A virtual Texas courtroom hearing was interrupted by an inappropriate Zoom filter on Tuesday, Feb. 9, according to NBC News.

Presidio County Attorney Rod Ponton arrived at the Zoom civil forfeiture hearing as a cat. According to recorded footage, he was willing to remain a feline and said "I'm prepared to go forward with it. I'm here live. I'm not a cat."

Ponton struggled to remove the filter but eventually was able to deactivate the furry facial feature.

## UConn PD welcome new dog to force

UCONN, cont. from p. 1

"That [process of reporting] can be incredibly challenging. A lot of times, crimes are underreported because victims are afraid of the police process," O'Reilly said. "We want to make sure we provide any avenue to make it easier for people to go through the process."

Carson and Tildy are also both beginning the process of working with the Courthouse Dogs Foundation, a nonprofit organization

which makes facility dogs available to victims in courtroom proceedings so the victims feel empowered and safe throughout the judicial process. For now, Carson will continue to acclimate to UConn and learn the ropes of his new duties.

"If anyone ever sees us [Carson and O'Reilly] on campus, please come up to us and say hi," O'Reilly said. "We are here to brighten the students' day. We build our community partnerships through the dogs."

### "We're now on track to have enough supply for 300 million Americans by the end of July."

PRESIDENT JOE BIDEN

Biden made the announcement at the sprawling National Institutes of Health complex just outside Washington as he visited some of the nation's leading scientists on the frontlines of the fight against the disease. He toured the Viral Pathogenesis Laboratory that created the COVID-19 vaccine now manufactured by Moderna and being rolled out in the U.S. and other countries.

The U.S. is on pace to exceed Biden's goal of administering 100 million vaccine doses in his first 100 days in office, with more than 26 million shots delivered in his first three weeks.

"That's just the floor," Biden said. "Our end goal is beating COVID-19."

Biden announced on Thursday that the U.S. had secured contractual commitments from Moderna and Pfizer to deliver the 600 million doses of vaccine by the end of July — more than a month earlier than initially anticipated.

"We're now on track to have enough supply for 300 million

### Lamont urges patience as those over 65 and older get vaccine

(AP) — Connecticut Gov. Ned Lamont urged residents 65 years and older to be patient about getting vaccination appointments, which officially opened up on Thursday, noting the state expects to receive about 69,000 doses next week from the federal government.

There are about 300,000 people in that age cohort who haven't been vaccinated yet.

"So this is going to take a little more patience," Lamont said. "But I'd like to think those number of vaccines could ramp up in a couple of weeks."

As of Thursday, 61% of the state's population that's 75 years and older had been vaccinated compared to 13% of those age 65 to 74. Connecticut remains in the top four states for vaccine distribution, he said.

Lamont said he expects it will take at least a few weeks to vaccinate this latest stage of the phase 1B, depending on the state's vaccine supply. Afterward, certain essential workers and individuals ages 16 to 64 with underlying health conditions are expected to be allowed to sign up for appointments. Lamont said he expects doctors will reach out to those patients they believe are "high risk" and prioritize them for shots. The details are still being finalized.

### "But I'd like to think those number of vaccines could ramp up in a couple of weeks."

GOVERNOR NED LAMONT

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# Snow hits Seattle, Northwest



The Winged Victory Monument, which honors those who served in World War I, is shown as snow falls, Thursday, Feb. 11, 2021, at the Capitol in Olympia, Wash. Winter weather is expected throughout the Seattle region through the weekend. PHOTO BY TED S. WARREN/AP PHOTO

## US agency cancels Trump policy on conservation purchases

BILLINGS, Mont. (AP) — U.S. Interior Department officials on Thursday canceled a Trump administration directive that gave local and state officials power to block purchases of land and water for conservation under a long-standing federal program.

Acting Interior Secretary Scott de la Vega rescinded a November order from former Secretary David Bernhardt that had been criticized by Republicans and Democrats, who said the Trump administration ignored their wishes when it changed a program that's paid for billions of dollars in conservation work over more than five decades.

"Interior's actions today affirm our support for one of America's most successful and popular conservation programs," said Principal Deputy Assistant Interior Secretary Shannon Estenez in a statement. "We look forward to further strengthening this successful program to ensure that all communities — from hikers and sportsmen to urban and underserved communities — have access to nature and the great outdoors."

In November, officials announced that \$125 million in congressionally authorized spending under the conservation program would buy up private property inside the boundaries of places including Alaska's Glacier Bay National Park, Kentucky's Green River National Wildlife Refuge and Florida's Everglades region.

Besides giving local officials veto power, Bernhardt's order also limited land acquisitions to property inside the existing

boundaries of parks and refuges, rather than expanding their footprint. Trump administration officials had said the order would have allowed the government to fulfill goals that were set when conservation areas were created, by filling in missing pieces of them.

Notable among the critics of the order was Republican Sen. Steve Daines of Montana, a Trump loyalist who helped barter a bipartisan agreement that authorized the conservation fund purchases under the Great American Outdoors Act. The measure was signed into law by then-President Donald Trump in August, and Republicans were able to point to it to blunt Democratic attacks against Daines and other lawmakers over their record on environmental issues during the 2020 election.

Bernhardt issued his order restricting how the money gets used less than a week after the election, drawing criticism from Daines, Republican Gov. Chris Sununu of New Hampshire, Democratic Sens. Jon Tester of Montana and Joe Manchin of West Virginia and others for undermining the conservation program.

They accused the Trump administration of using Bernhardt's order to circumvent the intent of Congress and squandering the bipartisan goodwill created by passing last year's law.

Daines welcomed the move to revoke the order and said in a Thursday statement that the program was a critical tool for conservation.

## Family of Black man killed by LA deputies seeks \$35 million

LOS ANGELES (AP) — The family of a Black man who was shot and killed by sheriff's deputies last year after they tried to detain him for allegedly riding a bicycle illegally is seeking \$35 million in damages from Los Angeles County.

Dijon Kizzee, 29, was killed Aug. 31 in South Los Angeles after two deputies tried to stop him for riding a bicycle in the wrong direction. He dropped the bike and ran away, carrying a bundle of clothing that authorities say contained a firearm.

The deputies told investigators they didn't know there was a gun in the clothes and they fired at Kizzee after he picked up the handgun when it fell out during a struggle with one of them. A video showed him stooping down, but a wall blocked a full view. No weapon could be seen in the video, although

authorities found a gun at the scene.

An autopsy found that Kizzee had been struck 16 times by bullets in the front and back. Attorneys for the family have said witnesses described a volley of shots being fired as he lay on the ground, though the autopsy does not indicate the position of his body when he was shot.

Kizzee's family filed a legal claim, a precursor to a lawsuit, Wednesday against Los Angeles County. The sheriff's department said Thursday that detectives are still investigating the case and declined further comment, citing the pending litigation.

Attorneys for Kizzee's family questioned why he was stopped by the deputies in the first place, and said it was an example of "biking while Black" in a community of color. The deputies' names have not been released.

"Police officers need to show a reverence for human life," lawyer Dale Galipo said Thursday during a news conference announcing the legal claim. "The culture has to change. Officers need to change. The culture at the departments have to change."

Kizzee's shooting sparked peaceful protests and followed nationwide protests over police confrontations that killed or injured Black men. George Floyd was killed in May after a Minneapolis officer pressed a knee to his neck, and Jacob Blake was shot in the back and left paralyzed in August in Kenosha, Wisconsin.

Kizzee's aunt, Fletcher Fair, said she no longer trusts law enforcement.

"I don't even like looking at them anymore on the street," she said.

## Law firm details sexual misconduct by global ministry leader, Zacharias



Ravi Zacharias speaks during the Society of World Changers induction ceremony at Indiana Wesleyan University. A law firm's investigators have released a scathing report on their four-month investigation of alleged sexual misconduct by Zacharias. PHOTO BY JEFF MOREHEAD/THE CHRONICLE-TRIBUNE VIA AP

NEW YORK (AP) — Ravi Zacharias, who died in May after a high-profile career leading a global Christian ministry, engaged in sexual misconduct with massage therapists and carried on many amorous extramarital

relationships via text message and email, according to a scathing, in-depth report from a law firm hired by the ministry.

Five of the therapists said Zacharias touched them inappropriately, and one said she was

raped, according to the report. It said investigators searching Zacharias' mobile devices found more than 200 photographs of younger women, including nude images of a salon employee in Malaysia.

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# Opinion

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COMIC BY KAITLYN TRAN, STAFF ARTIST/THE DAILY CAMPUS

# Mukbang: Exploring media and the mind

by Katherine Lee  
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Mukbang. Whether you know what the word means, whether you don't, or whether you pretend not to, the trend is growing on Internet platforms such as YouTube and has a complicated, varied effect on viewers. The term, which is a portmanteau of the South Korean words "meokneun", meaning "eating", and "bangsong", meaning "broadcast", refers to online eating shows in which a person engages with an audience while eating often very large quantities of food. Prior to 2015, the phenomenon was largely limited to South Korea as a strategy to combat loneliness and foster a sense of community. As the number of people living alone has increased, many found and continue to find comfort in the "subjective closeness for those who seek companionship and a dinner partner, and fulfillment of physical and sentimental hunger."

After mukbangs were made popular in the U.S. in 2015, some YouTubers have raked in hundreds of thousands of views a day eating what has stereotypically become high-fat, processed fast food. While watching someone eat these foods can trigger unhealthy cravings, the mukbang culture has created a fascinating space for viewers, especially females who have felt insecure about their weight, to challenge traditional views surrounding women, their table manners and their restraint. Eating is no longer an action to be ashamed of; it is one to be celebrated.

However, while mukbangs may be harmless or even empowering for some, they can also be incredibly trig-

gering for those with eating disorders such as anorexia, bulimia and binge eating disorder. It only takes a brief trip to the comment section of YouTube to see how these videos can be immensely damaging to those who suffer from disorders involving food restriction. Many viewers share, especially when the person eating is overweight, that they watch these videos to eat vicariously or disgust themselves, so they do not feel the urge to actually eat. Mukbangs further disorder "all-or-nothing" thinking surrounding food: You either cannot eat at all or binge to the point where weight gain is a reality.

While those who restrict their eating may use mukbangs for their shock value, mukbangs also normalize unhealthy eating patterns for those with bulimia or binge eating disorder. Some mukbangers eat large quantities of food without gaining weight, causing viewers to speculate that they may be purging after their binges, which can appear to some as if they have avoided the consequences of their actions despite the health risks associated with bulimia. According to researchers, vid-

**According to researchers, videos of mukbangs are "glorifying binge eating" in a way that should be combatted like any material that promotes addiction.**

eos of mukbangs are "glorifying binge eating" in a way that should be combatted like any material that promotes addiction.

In addition to the harm these videos can have on viewers, they are also toxic for creators and the culture surrounding art and media. Social media has rewarded material with shock value, garnering as many views as possible that translate for some into income. While it is ultimately an individual's responsibility to fight these pressures, many people, some with a history of eating disorders, have turned to mukbangs as a career. For example, Nikocado Avocado is a YouTube creator who makes his living eating large quantities of unhealthy food and performing comedy routines that are meant to bring in views regardless of what reception he ultimately receives. When James Marriot, another YouTube creator, interviewed Nikocado, he made it clear that he is aware of the hate he receives online and that he is destroying his health. Even though he believes he is ruining his life, he feels trapped in his patterns as he is ultimately rewarded with a living.

It is easy to judge. It is less easy to think about who we are judging and why we should not be doing so. There are certainly positive aspects of mukbangs, but eating large quantities of nutrient-poor foods for others to digest triggers many people who we have a duty to protect. Creators are rewarded for these actions through a society we create. Views are currency online, and it is vital that we give them to material that will not hurt others, both the viewers and those on the other side of the screen.

# On the stories of solutions

by Sharon Spaulding  
WEEKLY COLUMNIST  
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If you remember high school algebra, the main goal is to solve for numbers hiding inside equations. In algebra, these numbers are usually disguised as "x", but later on in math, variables like to be extra mysterious inside equations. Instead of appearing as "x", a variable might only appear in an equation with a suggestion of how fast it travels — and there may even be more than just one variable. In these situations (partial differential equations), there often ends up being a "family" of solutions that works instead of just a single number. Sometimes we even end up with different solutions depending on where we are in some space where we're looking for solutions.



One of my math professors was explaining this for a specific equation this past week. In that situation, there ended up being different solutions depending on where you are in the XY-plane. The way he described it was that in each section there was "a different story" and we had to figure out what the exact "story" was in each one.

It's common in math courses to hear various ways of impressing a narrative on abstract concepts with colloquial expressions or informal designations. Different equations that are introduced early on in a proof and then used later on might be referred to as "that guy" or "this guy." Concepts that eventually come together to prove a theorem are often called "ingredients." Taken together, a family of solutions creates a "story."

These terms certainly aren't ubiquitous. Another math student may or may not have heard these phrases at all depending on whose classes they've been in. Yet some forms of expressions like them are used by almost every mathematician I've heard lecture or teach, and I know that as a student I use them myself when trying to deconstruct a proof in a textbook or explain a problem while tutoring.

It's not so much about creating metaphors in attempts to better visualize concepts. In some situations, at least at my level as a student, trying to visualize something isn't even all that helpful. I have very little idea about what Borel sets actually look like. It's not something I could draw or that I have a clear picture of in my head. Yet using certain phrases and terms to narrativize concepts

and proofs does have purpose, even if not to provide a way to visualize a problem. Saying that there are different "stories" in each section for a solution to a Cauchy problem as a way to express that the solution differs along its domain didn't actually alter my understanding of the problem — but it did do something important. It lit up the idea of "solutions" in my head to mean something more exciting than just a set of equations that I'd solved for. They were stories! A few equations had first appeared on my page as a small set of unobtrusive lines. Then, quite quickly, they began to unravel over the page, expanding and contracting, merging and dividing. Finally they came to rest. Stripped of enigma, they no longer stood at the top of a blank page, isolated — now they told stories.

Outside of math there are other situations we remain distant from — circumstances in worlds not entirely visible to us and which are parts of intricate systems of economic, political, social and vocational connection. It's impossible to fully understand these situations. It's impossible to completely understand the full magnitude and scope of how historic and persistent racism permeate our institutions, communities, culture and selves. It's impossible to completely understand the scale of how our lifestyles disturb natural environments and devastate life beyond our immediate geographies. It's impossible to completely understand the gravity of living in diverse communities — like UConn — and missing out on connecting with students from different backgrounds, socioeconomic statuses and races with different interests, pursuits, faiths and lifestyles. It's impossible to completely understand the mind and heart of another human.

Yet in all these situations, limited understanding doesn't prevent us from responding in meaningful ways. We can learn more. We can incorporate what we know into our own outlooks to creatively and powerfully escape defaults. As in math, narratives are what tug us forward — reflections on surprising connections, stories from individual people and encounters with art. They may not always help us to better understand larger complexities — but they help us to draw nearer to what it is we're investigating. And as a first step, drawing nearer is perhaps more important.

**As in math, narratives are what tug us forward — reflections on surprising connections, stories from individual people and encounters with art.**

# End the Inquisition: Abolish the position of Chief Diversity Officer in Undergraduate Student Government

by Isadore Johnson  
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Many, like myself, believe that anonymous bias reporting systems fail to provide meaningful due process, infringe upon free expression, are enforced completely arbitrarily — and are politically motivated. The role of the Chief Diversity Officer in practice demonstrates that it is anything but neutral. Chief-inquisition-officer in practice acts as a prosecutor to try speech that is deemed problematic.

This is spelled out in more detail under Executive Order 01: Undergraduate Student Government's Bias Response and Training. The categories of bias determined by the 'Bias Incident Report Form' are far ranging, including age, disability, ethnicity, gender, nationality, physical appearance, politics, race, religion, sexual orientation, socioeconomic status, veteran status

and more. Furthermore, these bias-related incidents are not even limited to being in the classroom. Included on the types of incidents are email or internet messages, offensive classroom comments, verbal comments, visual representations, social media posts, written slurs, etc. Giving a student, even a wise and enlightened student, the ability to decide what is biased is madness, especially because not everyone sees the same things as bias, and no one has a monopoly on the truth.

Making matters worse, due to the anonymity of the accusations, people are unable to face their accusers and question their credibility. Someone upset with another person may file an anonymous bias report, and subject someone to sanctions without any assessment of credibility. It is theoretically possible to suspend students from Undergraduate Student Government for explaining a controversial opinion,

without any recourse, and demanding confidentiality. Even if the inquisition cannot find a valid reason to punish, being able to put someone through a trial for protected speech is a punishment. This chills free expression and creates hostile climates as many have attested to in Undergraduate Student Government.

**See USG, p. 9**

**Someone upset with another person may file an anonymous bias report, and subject someone to sanctions without any assessment of credibility.**



# Sports

## Men's Basketball: Huskies look to bounce back at Xavier

by **Jorge Eckardt**  
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UConn started the season 4-1 in Big East play, with the only loss being an overtime thriller to a top-10 ranked team in Creighton. Hopes started to rise and tournament dreams started to form for a program that hasn't played in March Madness since 2016.

Then came the wake-up call, with UConn going from 4-1 over their first five to 1-4 over their last five — and they still haven't played Villanova. The Huskies, who at one point this season were even nationally ranked, are spiraling.

Time is running out to salvage the season and make one final push at the tournament, and now, every game is crucial. That starts with UConn (8-5, 5-5 Big East) vs. Xavier (11-2, 4-2 Big East) on Saturday.

Xavier has been the team most impacted by COVID-19 postponements this season, already having seven games postponed, including one vs. UConn back in January. The Musketeers have had their last three games postponed, meaning they haven't played a game since Jan. 30. Before that Jan. 30 game, they had just come off a four-game stretch of postponements, so really, Xavier has played just one game in the past month.

UConn has had their own troubles with games being postponed, actually missing eight conference games so far due to COVID-19. However, the Huskies have still managed to play four more games.

The Musketeers are led on offense by sophomore Zach Freemantle, a 6-foot-9 forward shooting over 50% from the field on the season and 33% from 3. His 15

points per game lead the team, as do his 8.1 rebounds.

Senior point guard Paul Scruggs is right behind him, averaging 14.6 points and leading the team with six assists and a little under two steals per game. He does so a little less efficiently from the field (48.9%) and more efficiently from 3 (39.2%).

Fellow senior guard Nate Johnson is third in scoring and the last one averaging in the double digits, putting up 11.5 points per game. He does so as a sharpshooter, shooting 52.2% from 3 on the season. He leads the team, the Big East and the country in 3-point percentage, and is only one of two qualified players to make more than they miss from deep.

That knockdown shooting stroke is something UConn has sorely missed, and it was very apparent last time out vs. Providence. The Huskies went 4-for-20 from 3, their own resident sharpshooter Tyler Polley went 1-for-8. Polley had shown signs of being a dead-eye shooter for UConn this season, but after a string of bad outings, is down to 35% on the year.

UConn as a team is shooting just 34.5% from three on the season, which is No. 133 in the nation. Xavier as a team aren't leaps and bounds better, but their 36.4% mark is No. 63 in the nation — and they have a resident sniper.

With a return of James Bouknight looking more doubtful every day, UConn desperately needs to find scoring elsewhere, or else this is going to be a long end to the season.

Tip-off is scheduled for noon on Saturday, and the game can be watched on FOX.



The men's basketball team plays Temple in Feb. 2019. PHOTO BY ERIC WANG, ASSOCIATE VIDEO EDITOR/THE DAILY CAMPUS

## Women's Basketball Preview: The high-flying Huskies look to start five-game road trip with win over Georgetown

by **Benjamin Berg**  
STAFF WRITER  
benjamin.berg@uconn.edu

This Friday, Feb. 11, the No. 2 UConn Huskies (15-1, 12-0 Big East) will begin a stretch of five straight road games with a bout against the Georgetown Hoyas (1-9, 1-9 Big East).

The two teams in Friday night's matchup come into the game on opposite trajectories: UConn is riding a five-game winning streak heading into

the contest while Georgetown has lost eight straight. And unfortunately for the Hoyas, it will take a near-miracle to snap that streak against the Huskies. UConn has an astounding 46-6 lifetime record (1-0 this season) against Georgetown, including 29 straight wins coming into Friday's game.

Whether it be offensively, defensively or in transition, UConn can win many different ways, which is why they have outscored

their opponents by an average of 30.1 points per game this season. That being said, one of UConn's most distinct advantages over Georgetown is their 3-point shooting. The Huskies are hitting an average of 7.3 3-pointers per game on strong 35.7% shooting, while allowing the opposition to shoot only 27.9% from beyond the arc. Contrast that with Georgetown's 20% 3-point shooting and 6.9 3's allowed per game and the Huskies have a serious shooting edge.

Freshman guard Paige Bueckers has now scored at least 22 points in six straight games and has brought her season's scoring average up to 21.3 points per game. Meanwhile, junior forward Olivia Nelson-Ododa is coming off a strong game against Seton Hall on Wednesday where she posted 15 points and 13 rebounds. Look for the Huskies to feed the ball early on to junior guard Christyn Williams (15.0 points per game, second on team), who's

scored only six points in her past two games.

Priority number one for UConn defensively will be to try to slow down Georgetown's leading scorers, freshman guard Kelsey Ransom (11.1 points per game) and the postgraduate Milan Bolden-Morris (10.9 points per game). No one else on Georgetown's roster is scoring more than 7 points per contest.

The Huskies and Hoyas will tip off at 6 p.m. ET.



Crystal Dangerfield plays in a UConn women's basketball game against Tulsa in Jan. 2020. PHOTO BY MAGGIE CHAFOULEAS, ASSOCIATE PHOTO EDITOR/THE DAILY CAMPUS

### UConn SCOREBOARD

#### Women's basketball Wednesday



### UPCOMING GAMES

Women's Basketball: Friday, 6 p.m.  
Washington, DC

Men's Soccer: Tuesday 2 p.m.  
Rentschler Field



INSTAGRAM OF THE DAY



"When you think you can't, UCONN Love, Gianna/Gigi Bryant!" a special letter that was written by Gigi in 2017 that @uconnwbb decided to make into a shirt @uconn #guidepuppy



Daniel Connolly  
@DanielVConnolly  
Geno Auriemma mentioned he got a COVID vaccine today.

@xo\_cold  
The amount of things you can get done before 1 pm waking up at 6-7 am is crazy  
UConn Men's Basketball  
@UConnMBB  
Happy birthday, @amidabrimah

TWEETS OF THE DAY

Follow The Daily Campus @dcsportsdept

## Sports

## Photo of the Day | Pack of Huskies



UConn men's basketball players Josh Carlton, Christian Vital and Sidney Wilson approach the court during a game against Temple in Feb. 2019. PHOTO BY ERIC WANG, ASSOCIATE VIDEO EDITOR/THE DAILY CAMPUS

## Women's softball team to start tournament at Coastal Carolina Invitational

by Ashton Stansel  
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Starting on Friday, the University of Connecticut Women's softball team will begin their season by playing in the Coastal Carolina Invitational. The event is being held down in Conway, South Carolina, with teams including Coastal Carolina University, Tennessee and Ohio.

It has been 11 months since the last time the team played after

their 2019-2020 season was cancelled due to the COVID-19. It was a disappointing end to a relatively successful season; the team had a record of 16-5 before the cancellation and was playing very well.

This is the second year of being head coach at UConn for Laura Valentino after her successful first season, and she's bringing a relatively young lineup out this year. There are 10 total underclassmen, seven

freshmen and three sophomores, along with six juniors, four seniors and a graduate student. That's a good sign for the future of the team; having so many younger players means that the team will likely just continue to get better.

Over the course of this weekend, they'll play five games in the tournament: two on both Friday and Saturday and one on Sunday. On Friday, they'll face Ohio and Tennessee. Then, on Satur-

day, they'll face Coastal Carolina University and a yet-to-be-named team, followed by another game with Tennessee on Sunday.

While this tournament is not part of their regular season, it is a good benchmark to see how the team is performing compared to how they did last season, and to see the success, or lack thereof, of individual players. A lot of eyes will be on UConn's pitcher, senior Marybeth Olson, who has an impressive ten wins with a 1.46 ERA

last season. Considering that UConn only had 16 wins, that's a very impressive accomplishment.

She's joined by two younger pitchers, sophomore Meghan O'Neil and freshman Payton Kinney. The pitching was a strong point for UConn last year; they had six shutouts en route to their best first 21 games in 27 years, and with O'Neil returning that number could be even higher this season.

See **SOFTBALL**, p. 5

## Celtics Weekly Report: Celtics "up to something" and kemba's slump

by Dylan Haviland  
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Hello and welcome back to a new edition of our Celtics weekly report. In this week's edition we take a look at new rumors around the NBA of a possible Celtics trade and take a deeper look into the slow start of Kemba Walker's season.

### Celtics In the Market For a Trade?

As we discussed last week, the Celtics need to improve their bench in order to lift them into legitimate contention in the East, and as it turns out, the Celtics front office appears to be in agreement. On Tuesday, NBA writer Kevin O'Connor of The Ringer reported that he had been in conversations with insiders around the league about the Celtics being "on the prowl looking for a player out there." He followed up saying how no names were mentioned yet, but that the Celtics have the assets to pull off a trade for a veteran wing or big man. This lines up with Celtics General Manager Danny Ainge's comments on Toucher and Rich, part of 98.5 FM's The Sports Hub, in which he emphasized the team's need for "shooting with size." If this is the case, the Celtics have plenty of assets to try and land a trade for a veteran shooter before the March 25 deadline. To start, the Celtics are still holding onto a historically large \$28.5 million traded player exception thanks to the sign and trade that sent Gordan Hayward to the Hornets this offseason. Couple that with a flurry of young players and a valuable Minnesota Timberwolves first round pick, and the Celtics will surely have the cap space, and the assets to make a move before the deadline passes. However, despite all the obvious signs the Celtics are on the market, there is no guarantee a deal will be done. Rumors have flown the past two years about potential deadline deals to no avail, and despite Ainge's history as an active trader, he has been hesitant to make a big trade as of late. On the flip side, this would be the year for the Celtics to make a deal, as many shooters and big men have



proven they can be key rotational pieces for a Celtics team that needs size and shooting. Players like P.J. Tucker, Harrison Barnes or Thaddeus Young could make a huge impact off the bench with their shooting and defensive intensity, while also allowing the Celtics to play more of a small ball style, letting Jayson Tatum and Jaylen Brown attack the paint much more consistently. The deadline is still over a month away, and a lot can change from now, but I would keep an eye out for the Celtics to be aggressive at the trade deadline, especially with the play of Kemba Walker as of late.

### Kemba's Play Is Key For The Celtics Success

I want to preface this section by saying I love Kemba. He is a legend at UConn thanks to his heroics in the 2011 Big East and NCAA Tournaments, and he has brandished a very successful NBA career in both Charlotte and now in Boston. Despite my love for Walker, his play is what will make or break the Celtics, and determine how far they are able to go this season. Since rejoining the team on Jan. 17, Walker has averaged 15 points per game on 34% shooting total and 30.6% from 3. Add on top of that a near career low in both rebounding and assists per game, and you are getting the production of an average point guard in the NBA at the price of a star. He and the team both claimed that he was fully healthy after his return to the lineup, but I question that statement. He does not look confident in his ability to shoot,

especially close to the rim where he is only converting 35% of his layups this season, and looking visibly frustrated after missing. Combine this lack of efficiency with his woes from the 3-point line, and you get a player who is inefficient and seemingly not confident in his ability to score from the two most important places on the court. It is no secret that Kemba's role on the Celtics is to score. He doesn't have much defensive value apart from the occasional hustle play, and he isn't exactly the best playmaker either. Without his scoring ability, Kemba's role is undefined and just takes shots away from the stars in Tatum and Brown. I truly believe he will get better as the season progresses and he learns how to play on his knee again, but my worry is if it will come too late. While a normal season is 82 games, we are nearing the halfway point of a 72 game season this year, and unlike last year, seeding will matter as teams will travel and have slight home court advantages in the playoffs. Currently the Celtics are sitting at the fourth seed in the Eastern Conference, and only a game above the Toronto Raptors and Indiana Pacers. A fifth seed or lower will mean the Celtics will be facing road games throughout the playoffs, and against good home teams like the Philadelphia 76ers, Milwaukee Bucks and Brooklyn Nets. This means an incredibly tough path towards the Finals. Hopefully Walker is able to get back to his usual self, otherwise the Celtics will lose another year with their young core.

### Celtics Finally Back in the Garden

The Celtics will finally be back home Thursday night coming off of a long west coast road trip and will host the Toronto Raptors. The Celtics are coming off a losing trip, winning just two of their last five games and are hoping to rebound with a victory against a Raptors team just one game behind them in the Eastern Conference standings. The Celtics are 5-3 at home this season and are primed to host the Detroit Pistons on Friday, then hit the road for one game against the Washington Wizards, before coming back to Boston to face off against the Denver Nuggets and Atlanta Hawks.



Gampel Pavilion was filled with students to partake in First Night and the Fall Concert in Fall 2019. Kemba Walker was in attendance to see the new teams. FILE PHOTO/THE DAILY CAMPUS

## Preview: UConn men's hockey face Providence in home and away series

by **Tim Keaten**  
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The Huskies are coming off a heartbreaking overtime loss against UMass Lowell on Tuesday. The 8-7-2 UConn team, still in the top four teams of Hockey East, are set to play against Providence College (8-6-4) on Friday and Saturday. This is a top 20 matchup nationally, with Providence College sitting at 16 in the USCHO rankings and UConn at 20. The Huskies will first head to the Schneider Arena on Friday for a 4:30 game that will be broadcast on NESNPlus and will return to the Freitas in Storrs for a 4 p.m. matchup.

This is the second time the two teams are meeting this season, the first being a 2-0 win for the Huskies on home ice back on Dec. 28. Last meeting with Providence, UConn goaltender Tomas Vomacka was able to shut out the Friars, blocking all 37 shots he faced that game. The Friars were able to outshoot the Huskies, however, leading the game 37-33.

This will be the first game for the Huskies in a while where they aren't punching above or below them standings-wise. UConn has faced a particularly tough season, but the Friars are right on UConn's level, which makes predicting the outcome of the game a touch harder. Providence College has a promising defensive core, which is an area the Huskies are lacking in. However, UConn may be able to push through with their historically aggressive style of play. I expect a split of the weekend, with both teams winning on their home ice.



The Huskies won 4-3 against the UMass Minutemen on March 8, 2019. The Huskies will be playing Providence College tonight. PHOTO BY ERIC WANG, ASSOCIATE VIDEO EDITOR/THE DAILY CAMPUS

## UConn Women's Hockey Team to Face Off against Holy Cross

by **Ashton Stansel**  
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This weekend, the UConn Women's Hockey Team is taking on the Holy Cross Crusaders from Massachusetts in two games on Jan. 22 and 23.

UConn is coming off a victory last weekend over the University of Maine, a game in which they scored 3 goals and gave up 0. That strong defense is something that the Huskies will be looking to continue to rely on this weekend.

That 1-0 weekend sets the Huskies up with a record of 6-9-1. After the unveiling of the Hockey East's postseason format for this season,

and the current power rankings, the Huskies sit at No. 7, above Holy Cross, New Hampshire and Merrimack.

The Crusaders have had a difficult season to this point. They've won just three of the 15 games that they've played, leaving them at No. 9 above just Merrimack in the Hockey East rankings. The postseason for Hockey East for the women's teams starts in about two weeks, on Feb. 24, so teams are rapidly nearing their last chances to leave a mark on the regular season.

Now, the Huskies are looking to close the season out and head toward the postseason on a high, off a series where they are likely the legitimate favorites. The Crusaders, the under-

dogs in this series, have a much worse record this season than teams like Maine, whom the Huskies defeated last weekend.

One star in last weekend's series against the Wildcats was junior goaltender Samantha Carpentier-Yelle. She put on an impressive performance in the 3-0 shutout, a game in which she made 29 saves. She was a large part of the impressive defense mounted by the Huskies.

Natalie Snodgrass continued her impressive offensive season as well, getting her fifth goal this season and her 57th in her career. It was a resurgence for her; she had not scored a goal since the game versus New Hampshire on Jan. 16.

Holy Cross, on the other hand, has

lost seven games in a row, and in six of them gave up at least four goals. Their defense has seemingly struggled to hold the line, which could give UConn opportunities to score and then fall back and rely on their goalies and defense to hold off the Crusaders.

This is especially visible looking at their most recent performances; in their last two games against Northeastern, they gave up a total of 20 goals while scoring none. While Northeastern is a cut above UConn, they're currently ranked first and have just one loss and one tie on the season, there's a difference between losing and losing by 8 to 12 goals.

Even when UConn played Northeastern earlier this season, they lost but they made it a competitive situ-

ation. They gave up just two goals in their game against the powerhouse, another negative sign for the Crusaders. This series is also an important one for the playoff implications; the Huskies are currently just below a bye week, while the Crusaders are trying to avoid falling down to No. 10 which would give them a more difficult matchup against the No. 7 team instead of the No. 8.

Heading into this matchup, the Huskies have a chance to improve their record and try to challenge Boston University for the sixth seed. However, if they fail and drop even one game to Holy Cross, it will be a very negative sign for UConn heading into the playoffs in less than two weeks.

## Volleyball: Huskies look to make their mark on the Big East

by **Nicholas Hellinghausen**  
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The UConn women's volleyball team has a solid outlook for this season as they switch to the Big East Conference. The Huskies finished last season on a high note, winning three of their last four matches, ending the year with a 6-10 record in the American Conference and an overall record of 12-16.

The Huskies return with almost their whole squad from last season, so the team has plenty of experience playing together. Caylee Parker looks to build on her spectacular sophomore season where she led the team in kills and digs with 309 and 238 respectively. Courtney Morris also hopes to continue her momentum from last season, where she posted a season-high 732 assists to go along with 192 digs and 35 blocks. The team also features Jasmine Davis and Genna Florig, who finished top five in both kills and aces for the Huskies last season.

Due to the pandemic, the team does not have as many games on their schedule as last season. The Huskies have had a few games cancelled to start the season due to positive COVID-19 tests.



The UConn's women's volleyball team faces the Temple University Owls at Gampel Pavilion on Friday Nov. 8, 2019. The match resulted in a 3-1 win for the Huskies. FILE PHOTO THE DAILY CAMPUS

The team's initial season opener against the University of Rhode Island was cancelled, as well as their game with the University of Hartford and series against Northeastern. The Huskies were able to begin their season on Jan. 30, when they lost in a tight four-set match against the Temple Owls. If all of UConn's remaining matches go on as planned, the team will have an 11-game volleyball season. The team is slated to kick off their second match of the season this Saturday when they go on the road to face Boston College in hopes of picking up their first win of the year.

In the preseason coaches' poll, UConn was projected to finish third in the East Division, behind St. John's and Villanova. The Huskies are scheduled to open conference play at home on Feb. 19 against Seton Hall. The matchup will be the first conference game of the season for both teams and the first game overall for Seton Hall. The rest of UConn's conference schedule consists of a home series with St. John's and an away series with Villanova and Providence. The Huskies will look to make a strong first impression in their new conference and establish themselves as a contender in the Big East.

# NHL adding gameday rapid COVID-19 testing



The New York Rangers prepare to play against the Boston Bruins in an NHL hockey game Wednesday, Feb. 10, 2021, in New York. PHOTO BY BRUCE BENNETT, /AP

The NHL is adding gameday rapid tests for players, team personnel and on-ice officials as part of a series of expanded safety protocols unveiled Thursday in its latest bid to stem potential COVID-19 outbreaks.

Rapid tests will be initially made available to the league's 24 U.S.-based teams and provide results within a half-hour to augment daily PCR testing already in place,

which is similar to the protocols the NBA introduced this season. PCR tests are considered to be more accurate, but there's a 12-24 hour turnaround on results.

The league says it is working with its seven Canadian-based teams to have a similar rapid-testing system in place based on availability.

Other expanded safety protocols include having all team meetings conducted virtually,

removing the plexiglass surrounding the penalty box area, and recommend players not leave their homes except to attend practices, games or for essential activities. The directive also recommends other household members stay at home, and consider using grocery delivery services.

In addition, teams are asked to provide players and staff KN95 facemasks, which are considered more effective in reducing the

spread of COVID-19.

The NHL is also launching a player tracking system to assist in contract tracing, and intends to use genomic sequencing on a case by case basis to determine specific strains of the coronavirus when there is a cluster of positive tests.

The added measures were approved by the league and NHL Players' Association's medical advisors, and will remain in place until at least the end of the month.

The development comes two days after Vegas Golden Knights forward Tomas Nosek tested positive but was not quarantined until after playing the first two periods of a 5-4 win over Anaheim. And it comes on the same day the league delayed the start of Edmonton's game at Montreal by an hour to provide additional time to complete contact-tracing and test results after Oilers forward Jesse Puljujarvi was placed on the COVID-19 list.

## UConn softball continued

**SOFTBALL, cont. from p. 6**

However, their opponents in this pre-season tournament are not to be underestimated. While Ohio did not have the most impressive start to last season; they ended up

at an 11-15 record with a sub-.300 batting average, they are bringing back a number of their best players including Allie Englant, who had an above-.400 batting average last year.

Then there's Tennessee, which is ranked No. 23 nationally and

which ended last season with a very impressive 14-9 scoreline. A legacy school for softball and a long-term threat, Tennessee has been in the preseason polls for the last 18 years in a row, making them a very long-term threat in the world of college softball.

Then there's the host team, the Coastal Carolina University Chanticleers, who also had a very

successful 2019-2020 campaign. When the season was cancelled, the Chanticleers were at a 13-8 record and their best batter, Makiya Thomas, is back to attempt to one-up her .463 batting average from last season.

This tournament is a good way for those teams who are invited to get to try out different things and give the newer players a chance to

experience play at this level before Big East play starts next month. This is not the only tournament the Huskies will be playing in; they will also be participating in the FGCU Softball Tournament and the UNC Tournament. However, this is the first, and so it's the first chance for fans to look and see if what made the team have so much success last season is still there.

## Raptors to keep calling Tampa home for rest of season

The Toronto Raptors aren't going back to Toronto this season.

Ongoing challenges related to the coronavirus pandemic and how that affects the process of crossing the border between the U.S. and Canada will keep the Raptors in their adopted Tampa, Florida, home for the remainder of the regular season, the team said Thursday.

The Raptors are 6-5 in their "home" building this season, Amalie Arena, which they're sharing with the Stanley Cup champion Tampa Bay Lightning. Tampa also has the reigning Super Bowl champion Buccaneers

and the Tampa Bay Rays played in the World Series last season.

"Florida has been really welcoming to us and we're so grateful for the hospitality we've found in Tampa and at Amalie — we're living in a city of champions, and we intend to carry on the tradition of winning for our new friends and fans here," Raptors President Masai Ujiri said. "But home is where the heart is, and our hearts are in Toronto. We think often of our fans, of our Scotiabank Arena family, and all those we are missing back home, and we can't wait until we can all be together again."

The decision is hardly unex-

pected given the state of the pandemic in the U.S. and Canada. Canadian Prime Minister Justin Trudeau announced Tuesday that starting next week any nonessential travelers arriving in Canada by land will need to show a negative PCR-based COVID-19 test or face a fine if they don't have one.

That wouldn't be an issue for NBA teams; traveling parties are tested daily, players multiple times a day.

The bigger issue is logistics. The land border already remains closed to nonessential travelers who are not Canadian citizens; Canada requires those entering

the country to isolate for 14 days, which wouldn't be feasible for NBA teams, and the Canadian government has also strongly discouraged nonessential travel for any reason.

Toronto made the move south last fall, knowing Thursday's decision was a real possibility.

The Raptors tried to simulate the comforts the team has at home in Toronto, at least as much as possible. "We The North" — the team motto — signage is everywhere in the hotel that the Raptors are using as a practice facility in Tampa, from the elevator doors to the ballroom wall behind one of the

baskets. The court that the Raptors use for games was shipped down from Toronto. And there's a 2019 world championship banner swaying from the rafters, alongside the Lightning's retired jerseys for Vincent Lecavalier and Martin St. Louis, at the same end of the court as the Raptors' bench.

"They did a great job," Raptors guard Fred VanVleet said earlier this season.

The NBA is preparing to release the schedule for the second half of the season — mid-March through mid-May — later this month. The playoffs will run from mid-May through mid-July.



Toronto Raptors forward Pascal Siakam (43) passes the ball over Orlando Magic guard Terrence Ross (31) during the second half of an NBA basketball game Sunday, Jan. 31, 2021, in Tampa, Fla. PHOTO BY CHRIS O'MEARA, /AP

# Opinion StudyBreak

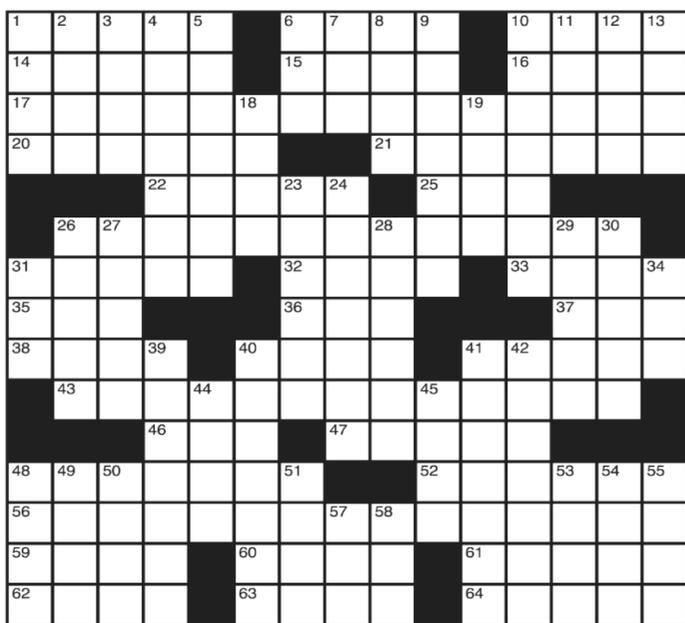
## Photo of the Day | Walking in a winter wonderland



Snowy woods provide a much needed escape from Zoom and Webex on Feb. 11, 2020. PHOTO BY ELIZABETH HE, GRAB PHOTOGRAPHER/THE DAILY CAMPUS

### Crossword

- ACROSS**
- 1 Batting practice structures
  - 6 Golfer Jon \_\_\_, 2020 BMW Championship winner
  - 10 Target
  - 14 Historic mission
  - 15 One saying "Don't do it!"
  - 16 Say "Do it!"
  - 17 Morning beverage for a plumber?
  - 20 Everlasting, to a poet
  - 21 Tender
  - 22 Condor quarters
  - 25 Greek celebratory cry
  - 26 Plumber's response about connecting hardware?
  - 31 High points
  - 32 Mists (up)
  - 33 Boring
  - 35 Ala. neighbor
  - 36 5G \_\_\_: mobile standard
  - 37 Asian language
  - 38 Corn \_\_
  - 40 Undecided
  - 41 Crafty
  - 43 Like a successful plumber's bank account?
  - 46 Job ad abbr.
  - 47 Falls hard
  - 48 "Finally, good news"
  - 52 Studio do-over
  - 56 Where a plumber learns new moves?
  - 59 Something to think about
  - 60 Caspian Sea land
  - 61 Doles (out)
  - 62 Alluring
  - 63 Kate Atkinson's "One Good \_\_\_"
  - 64 Medium for Michelangelo
- DOWN**
- 1 Loose garment
  - 2 Came to rest
  - 3 Hang open
  - 4 Kuwait, for one
  - 5 Browning's 44 "from the Portuguese"
  - 6 Bit of a cheer?
  - 7 "Is that \_\_\_?"
  - 8 URL letters
  - 9 Millionth-of-a-meter measures
  - 10 Hearty laughs
  - 11 "Carmina Burana" composer
  - 12 "The African Queen" screenwriter
  - 13 Creepy stare
  - 18 "Deadwood" actress Jewell
  - 19 "My bad"
  - 23 Donations to a fund drive, say
  - 24 Me time?
  - 26 Bass staff symbol
  - 27 "\_\_\_ ears!"
  - 28 Emma Thompson role in "Men in Black 3"
  - 29 New York Harbor's \_\_\_ Island
  - 30 Raid victim?
  - 31 Andrews, e.g.: Abbr.
  - 34 Asian pan
  - 39 Election time
  - 40 2000s TV series inspired by Army Delta Force operations
  - 41 Hollers
  - 42 Numbers before closing time
  - 44 Bubbly quaff
  - 45 Launch
  - 48 "No kidding"
  - 49 13-time NBA All-Star Dwyane
  - 50 High point
  - 51 Neutral shade
  - 53 Concerning
  - 54 Excited about, with "on"
  - 55 In \_\_\_: actual
  - 57 Kernel holder
  - 58 MSNBC rival



By Jeffrey Wechsler 2/12/21

### Thursday's Puzzle Solved

V	A	L	U	E	I	B	E	X	P	I	M	A				
A	L	A	N	S	S	O	R	E	I	C	O	N				
P	O	L	I	C	E	R	O	A	D	B	L	O	C	K		
E	V	A	C	A	A	H	S	O	F	U	S	E				
D	E	W	Y	R	E	I	B	R	E	L						
					C	A	L	L	S	T	O	O	R	D	E	R
					H	O	L	D	S	E	A	E	R	E		
R	O	P	E	D	I	N	A	R	C	L	A	M	P			
A	P	U	S	O	B	P	I	T	A							
M	I	L	I	T	A	R	Y	H	E	R	O					
					E	B	A	Y	F	A	V	N	I	G	H	
C	A	N	I	T	P	O	R	E	K	N	E	E				
O	U	T	S	I	D	E	R	A	R	T	I	S	T	S		
E	R	L	E	O	R	C	S	A	N	T	E	S				
D	A	Y	S	C	U	E	S	B	G	A	M	E				

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### FAMILY by Robin R



**DYK?**

*During the Victorian era, people would send unwanted suitors vinegar valentines or "penny dreadfuls" to ward them off.*

## Abolish the Chief Diversity Officer position

USG, cont. from p. 4

An anonymous report of bias in Undergraduate Student Government removed a student from his senate responsibilities for more than two months. He was accused of being biased for his comments during a proceeding about calling 'All Lives Matter' intrinsically racist. To explain his position, he pointed out that Tim Scott, the United States' only Black United States senator, is an example of someone (who's presumably not

racist) who sees the movement as a net bad. The student followed up his example with Rasmussen Reports (a reputable national polling organization) detailing last year that among Black people, 47% prefer the phrase "all lives matter." While he was not forced to take Diversity Awareness Training (as suggested by the current Chief Diversity Officer), he was required to change his committee assignment and was suspended for two months from his position. Although a position I dislike, it

would be one thing if the person in charge of bias reports was equal opportunity. However, when people make claims like ACAB, which some see as offensive or hateful, or describe everyone who disagrees as privileged white folks, and are not punished equally, it becomes ever more apparent that these inquisitors do not even pretend to be fair in their judgements. If using evidence to support unpopular points of view is seen as something that is biased, and ought to be reported, no one is safe.

**THE FIRST VALENTINE WAS SENT FROM A PRISON.**

*The box of chocolates tradition was started by Richard Cadbury, founder of the chocolate company.*

FACTS COURTESY OF HISTORY.COM

# Life

# The Daily Campus annual Sex survey

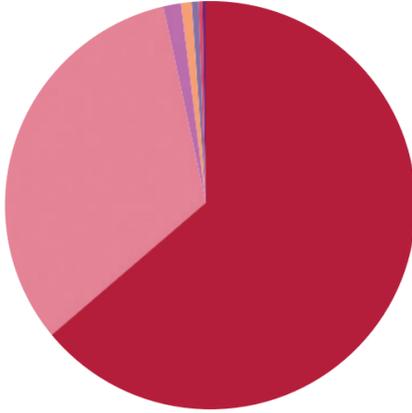
As part of an annual Valentine's Day tradition, The Daily Campus surveyed roughly 400 people about their experiences with relationships and sex. These graphs reflect what they had to say. Enjoy!

## Who responded?

### 355 UConn students

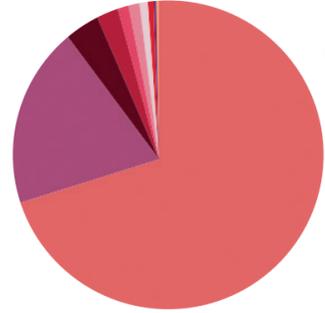
### Gender

- Female
- Male
- Nonbinary
- Fluid
- Genderqueer
- Agender
- Couple



### Sexuality

- Straight
- Bisexual
- Gay
- Asexual
- Lesbian
- Pansexual
- Fluid
- Confused
- Polysexual
- No label

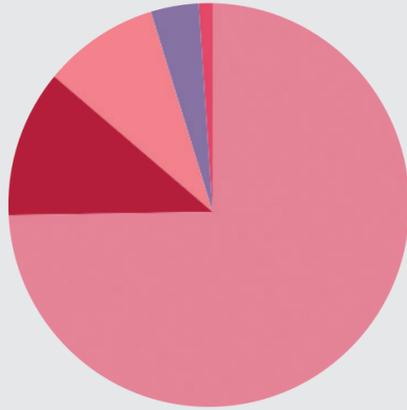


## Let's talk about Relationships

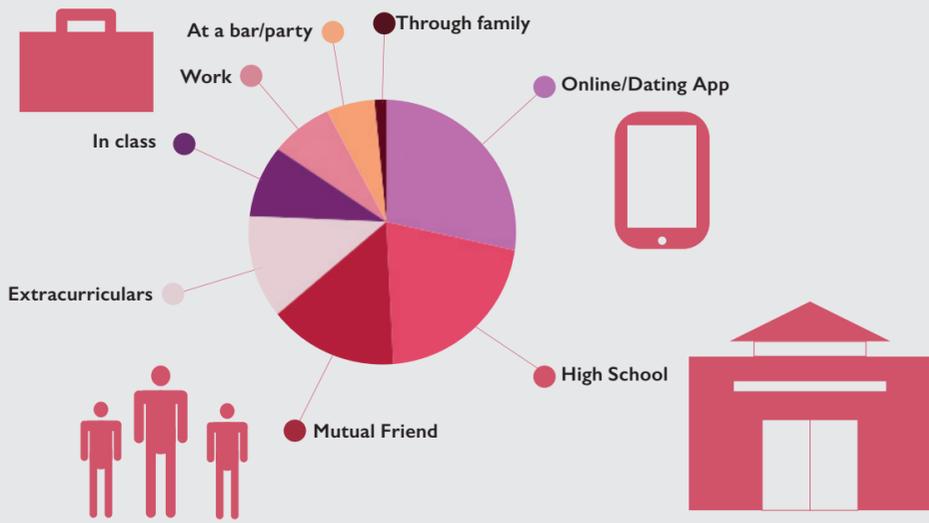
### 53% of respondents are in a relationship

...but not all relationships are the same...

- Monogamous
- Casual
- Friends with Benefits
- Open relationship
- Polyamorous



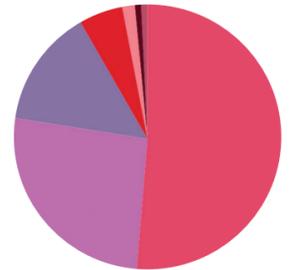
### Where'd you meet?



## Dating Apps

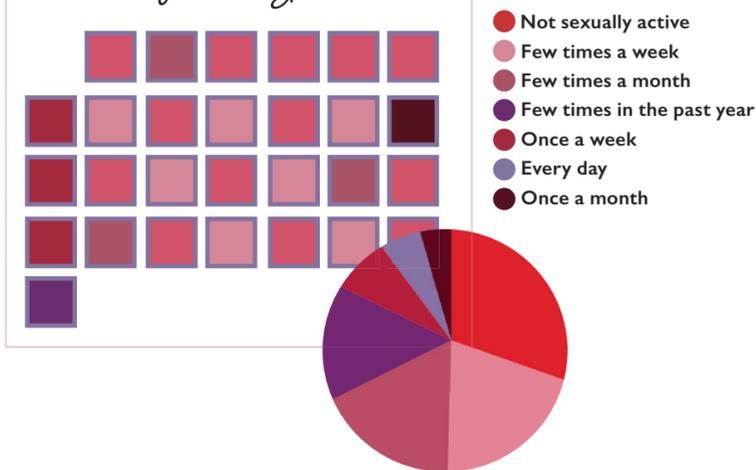
### 42% of respondents have used dating apps

Of those who did, they mostly used...



## What about SEX

### How often do you do it?



### How many sexual partners have you had?

### 22% of respondents said they've had 0 sexual partners.

### 25% had 1 sexual partner

### 32% had 2-5 sexual partners

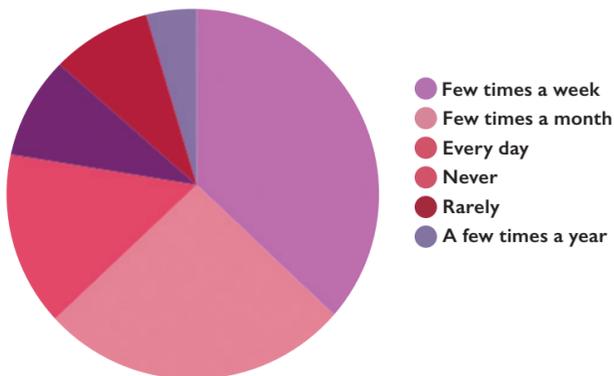
### 11% had 6-10 sexual partners

# Sex in a pandemic

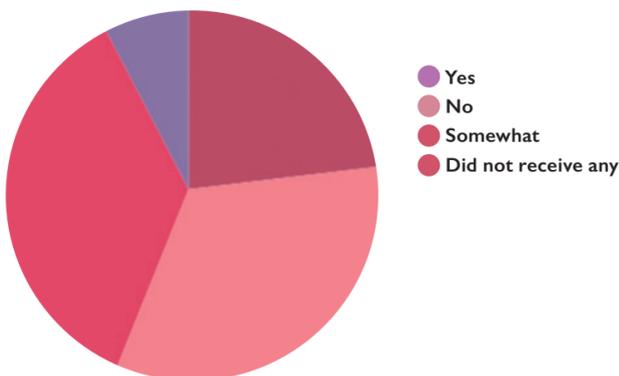
## Because of COVID-19 have you ever...

Experienced Difficulty Meeting People .....	46%
Gone on a virtual date .....	37%
Worn a mask during sex. ....	15.2%
Worn a mask on a date .....	<1%
Used dating apps more frequently .....	28%
Stopped actively seeking .....	27%

## How often do you masturbate?



## How satisfied were you with your sex ed?



## Have you ever.....

Been set up on a date .....	18%
Gotten stood up on a date .....	9%
Ghosted someone. ....	53%
Cheated on someone .....	8%
Been cheated on .....	22%
Had an STI .....	6%
Had a threesome. ....	4%
Had anal sex. ....	24%
Sent nudes or sexts. ....	69%
Taken a video during sex .....	22%



**4%**  
had 11-15 sexual partners



**2%**  
had 16-19 sexual partners



and **5%**  
had 20 or more sexual partners

## Survey says... Weird bedroom stories

one time a man stopped during sex to dance to mariah carey

**i put my stuffed animals on my roommate's bed when i have sex**

**My bf and I went on an outdoors date but we got so horny that we had sex in the Mayors office in Hartford once. On top of a huge desk where legislators have meetings.**

**I was having car sex in a parking lot of a park one night when the police pulled up. They pointed their headlights directly into the car where we were sitting half-naked and kindly informed us, using a megaphone, that the park was closed.**

**This might not be about sex, but my ridiculous boyfriend thought he could jump his bike off a three-stair staircase — after a lifetime of riding his bike trick-free — and ended up cutting his penis on the handlebars like a fool.**

**I had sex in a car, forgot to put the parking break on, and started rolling backwards**

**Used to hike and have sex at the summit of each mountain**

**I had sex in the student government office once**

**I once met a guy who wanted me to dress up as the Pillsbury Doughboy after the first date. I wish I had gone through with it, just to see what happened.**

**i don't have any i just want to say i love my boyfriend so much :) happy valentine's day my little pumpkin**

**Finals week was rough. Did it in the McMahon lounge at 4am. Great stress reliever.**

**one time, i went on a couple of dates with someone from the daily campus and she was really nice, however after a couple of months, she said she wasn't ready for a relationship, we are still friends but she takes forever to text back**

**My ex thinks it's weird I said "holy toloito" during sex**

**One time my ex said holy toledo during sex**

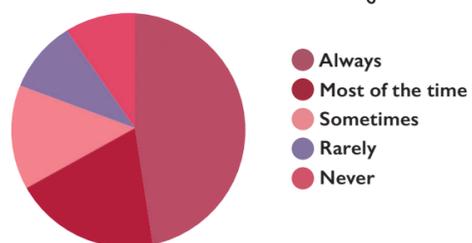
**The biggest lesson my high school health teacher taught us is that "baseball is a much healthier alternative to having sex"**

**Literally the other day his mom walked in. I was MORTIFIED. CAN WE PLEASE ALL GET HEALTHY SO WE CAN CONFIDENTLY GO BACK TO SCHOOL!!!**

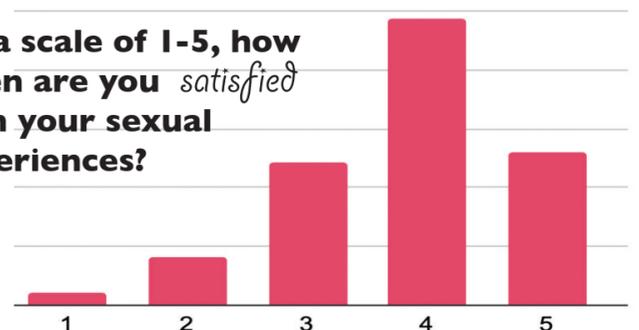
**My boyfriend and I had sex, and disposed of our condom in my bathroom trash. My dog dug it out of the trash and left the used condom in the hallway for my mom to find. Definitely not a man's best friend move.**

**Had an RA knock on the door while having sex because we were being too loud.**

## How often do you use protection?



## On a scale of 1-5, how often are you satisfied with your sexual experiences?



## Life

A *Gal's Guide* for Valentine's Day outfits

by Amy Chen | STAFF WRITER | amy.3.chen@uconn.edu

When you think about Valentine's Day, red, white, pink and sometimes purple are colors that come to mind. According to Color Combos, a site dedicated to testing out color combinations in an article titled, "The Colors of Valentine's Day," the red color of roses symbolizes passion and love. Pink, on the other hand, speaks to affection, sweetness and understanding. White symbolizes purity and innocence, whereas, purple can represent enchantment.

Winter is all about staying cozy so that may mean sweaters and sweats, but Valentine's Day is a time for loving each other and loving yourself — which can mean dressing up! Here are some outfit inspirations you can dress to impress whether it's for yourself, friends or for a lover.

The first outfit is all about simplicity, but also elegance. The white turtleneck gives a sense of purity but the pink dress hints at affection. The black jacket, in contrast, adds another color to the look. You can't forget the accessories either, a cream purse with tan boots matches the overall light color scheme. A knit dress with a jacket makes for a comfortable but also cozy Valentine's Day look.

While most people might think of the colors red, white and pink for Valentine's Day, purple is a color you shouldn't forget about. The soft purple from the cropped cardigan with the purple skirt gives a perfect look if you plan on going out. The black turtleneck adds a darker tone to the outfit. But, the white purse and red heart-shaped earrings definitely brightens and ties this cute Valentine's Day look together.

Maybe you're not so into dresses and skirts? Well, this third outfit combines a girly and chic look at the same time. Blues and pinks might already be a contrasting look, but the pastel colors of the pink blazer and blue ribbed shirt create a softer, cotton candy color aesthetic. The dark jeans make the outfit more casual, but the heart-shaped purse, belt and pumps add elegance. This can be a cute look for a small Galentine's celebration or a day out with your significant other.

The next Valentine's Day outfit can really be worn on any day. The white jeans give off a more casual style but the red-orange knit sweater is more reminiscent of Valentine's Day. The brown puffer jacket and sneakers complement the red-orange sweater, giving it a trendy and more low-key Valentine's Day look. Accessories like the dark



orange handbag elevate the style slightly but make it an overall easy and cute outfit to replicate.

According to an article by Who What Wear, a site known for fashion style — especially the heels, beret, earrings and purse, which add to the romantic look and are perfect for a night out on Valentine's Day.

Lastly, as red symbolizes love, the dark red color of the slitted long skirt gives a romantic touch to this outfit. The skirt pops out when matched with a black ribbed long sleeve and checkered jacket. The whole outfit gives a Parisian fashion style — especially the heels, beret, earrings and purse, which add to the romantic look and are perfect for a night out on Valentine's Day.

These outfits were created through a site called Codi-book, where you can find daily outfit inspirations or create your own looks!



## 6 ways to make the most out of Galentine's Day

by Emma Gehr  
STAFF WRITER  
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If you're a fan of the show "Parks and Recreation," and more specifically, the iconic character Leslie Knope (Amy Poehler), then you might already be aware of the holiday that falls on the eve of Valentine's Day. But for those of you that are new to the idea, Knope first introduced Galentine's Day during the second season of the show and designated that it be celebrated on Feb. 13. Knope used Galentine's Day to honor her best friend, Ann Perkins, and it has since grown into a nationwide celebration of female friendship.

In true Leslie Knope fashion, she goes above and beyond and gives her friends outrageous gifts, one being a mosaic portrait of each of them made out of crushed bottles of their favorite soda. Although she set a high standard of what Galentine's Day should consist of, there are many other ways to celebrate the day and reconnect with friends you haven't been able to see in a while, or find safe ways to celebrate with your friends at school.

This year's plans will have to be altered slightly to ensure that they are COVID-19 friendly, so here are a few ideas to help make the most out of Galentine's Day and have a safe, fun celebration with friends. Some of these events involve alcohol, so make sure you are of legal drinking age if you plan on taking part!

**Plan a virtual happy hour**

A great way to celebrate Galentine's Day virtually is by hosting a virtual happy hour. You and your friends can gather together online with a cocktail of your choosing and spend quality time together. This is a great option for people who haven't been able to see friends in a while due to COVID-19!

**Go out to brunch**

If you are a fan of brunch, then you can spice things up by going out to a Galentine's Day brunch at a restaurant of your choosing or enjoy brunch from the comfort of your own home. Restaurants have been making sure to meet COVID-19 guidelines to ensure they are prioritizing the safety of their staff and customers and will allow you to safely celebrate with your friends over a plate of pancakes paired with a mimosa or bloody mary. However, if you feel more comfortable staying home, then you and your roommates can always cook a delicious meal together.

**Have a "make your own" cocktail night**

If you are sick of always ordering the same drinks at the bar, then you and your friends can plan a fun Galentine's day celebration to spice things up, where each person

brings the ingredients to make a unique cocktail. This has become a popular trend on TikTok and allows for a fun night where you are able to step outside of your comfort zone and try new types of alcohols and mixed drinks.

**Plan a virtual game night**

Hosting a virtual game night is another great way to stay connected and celebrate Galentine's Day safely. There are many great card games that can be found online or in-store, such as Truth or Drink, The Best Friend Game or Who's Most Likely To, that are fun to play with a group of people, or you can stick to a classic like trivia. You can also try downloading a game on your phone, such as Heads Up!

**Order takeout and have a movie night**

If you want to have a relaxed night-in with your roommates, then you can treat yourself by getting takeout from your favorite restaurant and watching a movie. Whether it be sushi, burgers or Chinese food, it is always fun to hang out with your friends or roommates and watch a cheesy romantic comedy.

**Host a virtual karaoke night**

Karaoke is a fun way to have quality time with friends while



ILLUSTRATION BY ALISIA GRUENDEL, STAFF ARTIST/THE DAILY CAMPUS

also having a good laugh watching them try their hand at singing their favorite song. If you want to include more people than just your roommates, you can set up a virtual karaoke night and use a video conferencing platform to allow everyone to have a turn to embarrass themselves or prove they have a hidden talent.

Whether you choose to do one, a combination of these or come up with an idea on your own, the essence of Galentine's Day is to dedicate time and effort to catch up with friends, appreciate the bond you have created and reflect on the years of memories you have made along the way!

## Roundtable: What is your ideal Valentine's Day?

Valentine's Day has always been an effervescent day filled with adventures. However, while some may have lived through their wildest dreams, others have not had the opportunity to do so. Today, the Life section will tell you all about their ideal Valentine's Day.

Ian Ward, SW

If I had the choice of what a perfect Valentine's Day would look like, I would either want to go out to dinner or see a movie with someone I love. Specifically, someone who I could have meaningful conversations with about everything from philosophy to film to music. I would also want this person to be themselves and to feel comfortable around me, since the last thing I want is to see someone unhappy. A perfect Valentine's Day would also involve going to a mall or walking around a city, noticing different architectural details and talking about our favorite things associated with certain eras in history. In general, I want a Valentine who I can learn from and who I can share experiences with.

Cindy Lam, CC

Those who know me well know I am a sucker for New York City adventures. Valentine's Day is just a regular day

to me, but my dream Valentine's Day would consist of visiting museums and various pop-up shops around the city. I recently went to the Museum of Modern Art for the first time and spent three hours exploring all six floors. The museum has COVID-19 guidelines to keep visitors safe and distant. As someone whose love language is quality time, something as simple as walking around the MoMA and looking at art with someone special to me would make my day. The night would end with a nice dinner on a rooftop overlooking the city. A bunch of restaurants are offering outdoor dining in igloo-like tents with fairy lights and other decorations to enhance the ambience. I think that would be a great way to end the night. If you are looking for a place to dine on Valentine's Day, I recommend 230 Fifth Rooftop Bar on Fifth Avenue. It is a little pricey, but why not treat your special someone, and yourself, on the special day?

Lesly Nerette, CC

Valentine's Day: Cupid sits on a cloud above as everyone else walks with love in their hands and hearts below. It's a beautiful holiday, really. I've never been one to indulge in Valentine's Day, but if I were to have an ideal day set for the 14th, it would probably involve just being acknowledged as an individual and spending the day with someone who loves

me just as much as I love them! Beyond being seen, the day would consist of going on a scavenger hunt of some sort, as I think that would be amazing! After the hunt, we walk around the city and eat ourselves stupid! Finally, we could then go watch a few movies with all the baked goods we can carry and call it a night.

Maybe right now it seems far-fetched, but trust me when I say this will eventually happen! For now, I'll sit inside and bake until Cupid smells the fumes of sweets up in the clouds. Then, when it's safe, I'll run to the store for all of the discounted candy! For anyone who plans to celebrate Valentine's Day, I hope it's everything you want and more. Sending you and yours love!

## Life

## The top 9 romance novels for Valentine's Day



ILLUSTRATION BY KAITLYN TRAN, STAFF ARTIST/THE DAILY CAMPUS

by Samara Karow  
CAMPUS CORRESPONDENT  
samara.karow@uconn.edu

**“Red, White & Royal Blue” by Casey McQuiston.** This political rom-com is set in an alternate universe where, instead of Trump winning the 2016 election, a woman wins. Her son, Alex, falls in love with Henry, the Prince of England. With an ensemble cast of characters and a generous amount of feel-good, karaoke moments, this enemies-to-lovers romance is perfect for Valentine's Day.

**“I'll Be The One” by Lyla Lee.** Looking for a story where both the male and female love interests are bisexual? This novel is the one for you. Skye Shin's Orange County life radically changes when she enters a K-pop competition. There, she meets model Henry Cho, another contestant. Can Skye prove to her mom — and the world — that fat girls can sing and dance?

**“Beach Read” by Emily Henry.** January, a romance writer, tries to mitigate writer's block with her college rival, Augustus, a literary fiction writer, who also happens to live next door to her in the Michigan home she inherited from her dad. Together, they challenge each other to write in the other's genre. Complete with lesbian side characters and a best friend who — mostly communicating by phone and text — is long distance, this novel about novels will bring you the warm fuzzies.

**“The Kiss Quotient” and “The Bride Test” by Helen Hoang.** This series is about characters with Asperger's, written by an author who also has the condition. Described as a “reverse pretty woman,” the first book follows Stella, a successful econometrician, who hires Michael to be her practice boyfriend, after a coworker made a rude comment about her. Can their sexual chemistry keep these two from entering a relationship for real?

The second book follows Khai, Michael's cousin, after Khai's mom flies Esme, who lives in Vietnam, to the Bay Area as a potential marriage prospect for her son. As someone with Asperger's, I personally related more to Khai's symptoms than Stella's, but both books are expertly crafted stories of love on the spectrum. The third one, “The Heart Principle,” comes out later this year.

**“Autoboyography” by Christina Lauren.** Tanner, who is half-Jewish and bisexual, signs up for The Seminar, a class where seniors write a book in a semester in his Provo, Utah high school. His TA, Sebastian, who is Mormon and closeted, graduated from his school last year, with a fantasy novel deal in tow. Will Tanner be able to revise his story, which is about Sebastian, in time before outing Sebastian to his entire school and the greater Mormon community?

**“The Sun Is Also a Star” by Nicola Yoon.** Taking place over the

course of a day, I recommend reading this book for hours on end in order to get the full effect of the passage of time. Natasha is pragmatic, determined to become a data scientist not because of passion, but because that is what best serves her skillset. Daniel aspires to be a poet, despite what his immigrant parents wish for him. He is in the U.S. legally, but Natasha is scheduled to be deported to Jamaica today. Can he convince her that true love exists, while, at the same time, thwarting her deportation?

**“Written in the Stars” by Alexandria Bellefleur.** Darcy, an actuary, uproots her life to move to Seattle after finding her ex in bed with another woman. Her brother, Brendon, sets her up on a date with Elle, an astrologer who believes in the mystical, which ends disastrously. To get Brendon off of her back, she agrees to fake date Elle, but will that stop her from catching real feelings?

**“Wicked Fox” by Kat Cho.** Want a paranormal romance redone by a person of color? “Wicked Fox” is for you! A retelling of the story of the gumiho or kitsune, Miyoung feeds on the gi, or life force, of the evil for sustenance and can transform into a nine-tailed fox. Her mom, also a gumiho, tells her not to make any friends at her new high school in Seoul, but when Jihoon saves her from a goblin in the forest, Miyoung becomes tethered to him in ways she cannot imagine.

## The strange and mysterious history of Valentine's Day



ILLUSTRATION BY KAITLYN TRAN, STAFF ARTIST/THE DAILY CAMPUS

by Sean Rago  
CAMPUS CORRESPONDENT  
sean.rago@uconn.edu

Valentine's Day is a big deal for people all around the world. Nowadays, celebrations consist of romantic (or platonic) displays of affection of varying magnitudes. However, this was not always the case. From pagan rituals to elementary school parties, Valentine's Day has undergone a vast shift in tone over the past few millennia. As we prepare for this year's festivities, let us look back at the strange and mysterious history of the holiday.

The Catholic Church recognizes three different saints by the name of Valentine or Valentinus. It is debated which of these men is the true namesake of the holiday. One legend states that St. Valentine was a Roman priest during the third century C.E. At the time, Emperor Claudius II had outlawed marriage for young men because of his belief that single men made better soldiers. St. Valentine would allegedly perform secret weddings for young couples, and was executed after being discovered.

Another story states that St. Valentine was executed for attempting to help Christians escape from Roman prisons. It is said that when Valentine himself was imprisoned, he fell in love with the jailer's daughter, and wrote her a letter signed “From your Valentine.” Legend says that this note became the basis for the modern Valentine greeting. Valentine's Day is believed to have been created in honor of the death of St. Valentine.

The origins of Valentine's Day can also, strangely enough, be traced back to the ancient Roman festival of Lupercalia, which took place from Feb. 13 to 15 every year.

An order of priests known as the Luperci would gather at a cave believed to be where the mythological twin brothers Romulus and Remus were nurtured by a she-wolf. There, the Luperci would

sacrifice both goats and dogs in honor of the brothers, as well as Faunus, the Roman god of agriculture. The priests would skin the animals and dip the hides in their blood. Then they would take to the streets, where they would proceed to whip any women they passed with the hides. The Roman women welcomed the act, and would go so far as to line up for the priests to hit them. It was believed that the ritual would make them more fertile.

The festival would conclude with a lottery in which young men would draw the names of women from a jar. Some historians say the couples would get together for the duration of the festival, while others claim the pairing would last the entire year. It was common for these couples to get married if they hit it off. In the fifth century C.E., Pope Gelasius I outlawed Lupercalia, officially deeming Feb. 14 St. Valentine's Day in order to Christianize the holiday. But by then, Lupercalia was more of a symbolic celebration than it was previously.

Valentine's Day became popular in Europe during the middle ages. It was featured and romanticized by the work of English writers Geoffrey Chaucer and William Shakespeare. The French and English also believed Feb. 14 to be the beginning of birds' mating season, which added to the perception of Valentine's Day as a romantic celebration. It was popular during this time for people to exchange gifts on Valentine's Day. Hand-written valentines began to emerge around 1400. Mass-printed Valentine's Day cards replaced hand-written notes at the turn of the Industrial Revolution in the 19th century.

In 1907, three brothers by the names of Joyce Clyde, William and Rollie Hall started the Norfolk Postcard Company out of Norfolk, NE. The brothers began mass producing valentines in 1913. Years later, the company would be known as Hallmark Cards, Inc.

## Cupid's cassette tape



ILLUSTRATION BY KAITLYN TRAN, STAFF ARTIST/THE DAILY CAMPUS

by Lesly Nerette  
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Love is in the air! No need for Febreze, it won't kill you! Valentine's Day is magical: the ambiance, the energy exchanged and adventures to be had within those 24 hours. One thing that can amplify festivities on this day is music. Music can express what the tongue can never release and seeing that I can't sing, it is the perfect way to fully express the feelings you have for your platonic or significant other! Beyond sharing music, if you recently broke up with someone, a good song will be there to comfort you (well, that and discounted candy from the store). If you don't have the voice of an angel and don't want to bust your lover's eardrums, or if you just need a good cry after leaving a relationship, then go with music, specifically the songs I'm going to show you, friend!

So, here is how we are going to do this: I am going to separate songs as if they were on a cassette tape with love songs on side A and breakup songs on side B. Of the songs that will be shared today, I'm sure you will find one to aid you on Valentine's Day!

### SIDE A: LOVE SONGS

There is no one genre that can define love! Everyone can express such differently, but for me, these four songs embody the essence of

what love is to me! These songs remind me of various movie scenes in which a character stands outside with a boombox while throwing rocks at your window.

The first of the four is “Let's Stay Together” by Al Green. This is definitely an older song, but the serotonin this song produces makes it worth the listen.

The second song on side A is “Babydoll” by Mariah Carey. Carey's voice and diction when singing are unparalleled; this deep cut is definitely worth you lending an ear.

The third song of side A is “I'm a Believer” by Smash Mouth. This song can be heard in the movie “Shrek,” but beyond “Shrek,” the message this song holds is just as sweet as the candy you'll eat this upcoming Sunday!

Finally, the last song of side A is “At Your Best” covered by Frank Ocean. This song was originally written and sang by The Isley Brothers, but this cover that Ocean released two years ago is “chef's kiss”. The arrangement and vocals are just heaven. I cannot express to you how perfect of a cover this is!

### SIDE B: BREAKUP SONGS

Maybe Valentine's Day for you isn't about love; maybe someone ripped your heart out from a recent relationship. If that is the case, I'm so sorry, but I hope these four songs can use the proper words and beats to soothe your soul.

The first song to open up side B

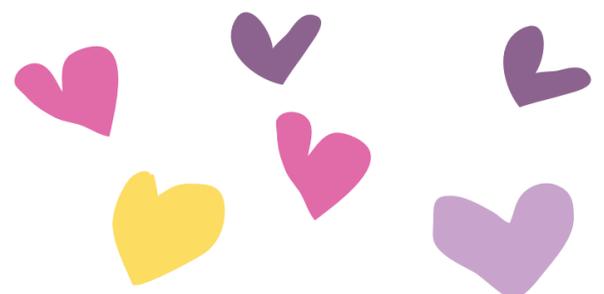
is “Garden” by SZA. I will of course be saying more, but, should I? It's SZA! This song embodies unrequited love while hitting tones and memories it had no business hitting. Of course, even with the song doing such, it deserves to be on replay for as long as possible!

The second song of side B is “All by Myself” covered by Celine Dion. Originally written and sang by Eric Carmen, Celine paid homage so well. The power this song holds is incomparable. The notes will drain out the pain you may feel on Valentine's Day and that's a promise!

The third song of side B is “Marvin Room” by Drake. If there is a song to get you in your feelings or enhance such, it's this song! It is so mellow and so calm, and Drake's voice complements the beat well. I can't say any more than this, but I will say this: Onions will be cut when this song comes on.

The final song of side B is “New Love” by Silk City featuring Ellie Goulding. This song is very upbeat; if you are trying to bounce back from an episode, let this pop song take care of that for you! This song will have you back on your feet and ready to take on love again!

Now, here are eight songs with eight different genres and moods attached to them! Whatever you are to do this Valentine's Day, I hope these songs are on your playlist to blast throughout the day. Also, I hope Valentine's Day for you is filled with love, serotonin and lots of candy!



# Tales of Tinder

## A 2-WEEK INVESTIGATION



ILLUSTRATION BY DIONEL DE BORJA, STAFF ARTIST/THE DAILY CAMPUS

by **Esther Ju**  
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Nellie Bly was a journalist best known for her investigative reporting of Blackwell's Island Asylum. Her committed efforts to disclose the institution's harmful practices later earned her a legacy for exposing evil through risk-taking. Saying Bly's story was what inspired my 14-day venture would not just be a stretch; it would probably send the poor woman rolling in her grave. Unlike Blackwell's Island Asylum, Tinder does not hold a palpable threat to society through the mistreatment of its patients, nor does the divulgence of its experience offer much benefit to the public. However, Valentine's Day was coming up and I was curious.

Although there was no specific evil in need of exposing (sometimes there can be, depending on what people send you), there was still an odd sense of risk-taking involved when creating an account. The main caveat of dating apps is having to cram your identity into a single presentation comprised of a maximum of nine photos, your name, your age and a bio limited to 500 characters. Of course, additional information like school, occupation and location are also accessible, but

those require the extra touch of a button, which I assume most users don't bother with.

After choosing five photos, five passions, a Spotify anthem ("Here" by Pavement) and writing a very vague reference to a Casey Frey video as my bio, I was well on my way to using the swipe function. It's probably Tinder's most notorious feature: If you like someone's profile, swipe right; if you really like them, swipe up; if neither is the case, swipe left. If you're lucky enough to have the other person swipe right, you'll have yourself a match. Getting the hang of this simple procedure didn't take long, and it also allowed me to make notable observations about my feed.

There were several recurring themes when it came to people's photos: mirror selfies, car pics, fishing pics, memes, bots, PowerPoint presentations and ominous black screens looking for a dominatrix. A handful of bios also seemed to lack originality, with many utilizing their 500 character limit to write down their heights and zodiac signs — not to mention an unusually high number of anime-lovers and Phoebe Bridgers stans. As fascinating as these examinations are and as exhilarating it can be to swipe through one's feed, I'd argue the most interesting aspect of Tinder shines

through its messaging feature.

Based on the screenshots of conversations my friend sends me on a weekly basis, it's safe to say Tinder lives up to its expectation as the perfect space for a person to relay their weirdest — yet spiciest fantasies — often in the form of a pick-up line. I went in expecting to be thrown off guard by a risqué declaration, but instead, the messages I received turned out to be uncharacteristically wholesome. Most consisted of the standard "Hey" and "What's up," while others provided mini ego boosts and one asked for a kiss. Michael, if you're somehow seeing this, I'm sorry for leaving you hanging.

By day three, I felt I had already delved into an aspect of human psyche better left unexplored. I declared my Tinder experience underwhelming and considered scrapping the story altogether, until realizing that one testimony can't speak for others. For the sake of content, more needed to be said, and I happened to have a handful of matches at my disposal.

I ended up sending a survey to six college students, all of whom delivered input regarding their own experiences on the app.

For more of the story  
visit [DAILYCAMPUS.COM](http://DAILYCAMPUS.COM)

## TENDERNESS IN TINDER

A philosophical dive into online dating and digital love

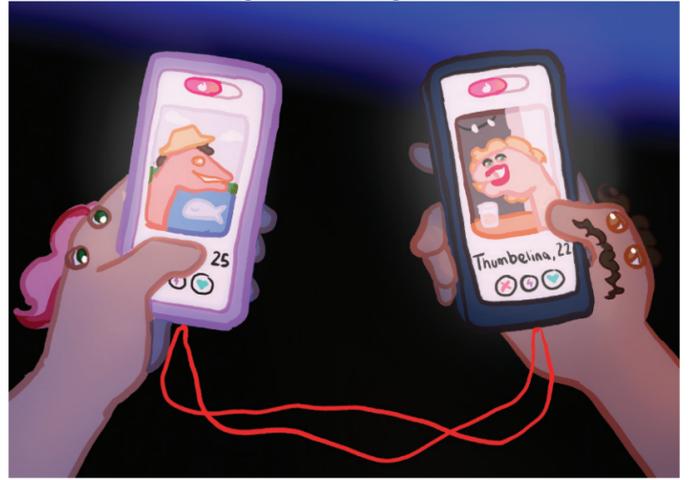


ILLUSTRATION BY MICHELLE CHIMID, ARTIST/THE DAILY CAMPUS

by **Sarah Goodman**  
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In the age of the coronavirus, it is preferable to be lovesick rather than medically sick. About half of all singles between 18 and 29 in search for romance or sex have turned to online dating to limit the risk of falling prey to a disease far more calamitous than that of love.

Love is a natural state that is an essential aspect of the human condition. As an emotion, it is immeasurable and unquantifiable. As a choice, it is nondeterministic. It compels your mind through happiness and heartache, and your body through saliva and sweat. The confusion of its powerful psychogenic compulsion means that throughout history, humanity has sought to precisely and accurately classify love into material existence — whether it be by romantic media narratives, a surplus of discourse on sexual identity or by repression thereof, among other things — to ambiguous consequence.

The movement of the average youth into the order of adult societal convention may further bring the unadulterated reality of love past the event horizon of experience. However, in this post-industrial Western world, the constructions of love long inculcated by a tribunal society have only recently lost their gavel to a more mysterious judge: that of digital technology.

The medium is the message. The use of any form of technology is also the use of a communicative philosophy adopted by humanity that changes the way we think. For example, in oral societies characterized by illiteracy and lack of communicative technology, legal disputes are solved not by written law but by oral tradition (such as aphorisms and storytelling) that both disputing parties conclude the case by agreeing upon.

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## All-time favorite fictional couples



ILLUSTRATION BY ALISIA GRUENDEL, STAFF ARTIST/THE DAILY CAMPUS

by **Joanne Biju**  
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\*Note: This article contains spoilers

Whether you're single or not, chances are, you've spent plenty of time gushing over fictional characters. Millions of viewers watch love lives unfold behind the screen, rooting for their favorite couples and bickering with anyone who disagrees. Team Peeta or Team Gale? Are Edward and Bella endgame? Or does Jacob stand a chance? The paths these characters take are often out of our control, so sometimes, our beloved ships never sail the sea. Nevertheless, it's always fun to fantasize about what could have been.

Here are a few of my favorite television couples, some more controversial than others.

### Jess & Rory ("Gilmore Girls")

Jess is the epitome of the right person at the wrong time. As soon as he comes into the picture, it is clear he and Rory are the perfect match. Despite Lorelai's discouragement, Rory gives Jess the chance no one has ever given him before, seeing beyond his troublesome exterior. The two share an interest in reading and music and constantly push each other to be-

come the best version of themselves. Jess calls Rory out for her mistakes, encouraging her to return to Yale, and Rory's faith in Jess allows him to flourish as a writer. Jess truly connects with Rory in a way that neither Dean nor Logan ever could; the former held Rory back, while the latter pushed her to extremes. Both Jess and Rory grew a great deal from their short-lived relationship, but the two of them were young and hadn't quite found a sense of purpose yet.

Jess does make an appearance in "Gilmore Girls: A Year in the Life," but with the ending up to interpretation, one can only hope their relationship panned out.

### Devi & Ben ("Never Have I Ever")

I'm a sucker for the enemies to lovers trope, so shipping Devi and Ben was a no-brainer for me. Beyond that, I found Ben's character to have a better backstory and a lot more complexity than Paxton, who Devi immediately idolizes. As Ben and Devi begin to forgo their competitive nature, they realize just how much they relate to one another, causing friendship to blossom. He welcomes Devi into his home, no questions asked, and rallies Devi's friends, bringing them back together. Ben does everything he can to ensure she makes it

in time to spread her father's ashes, and better yet, he is waiting for her when she gets back. Viewers see Ben struggling to build up his confidence when it comes to making his feelings known, bringing in a level of vulnerability Paxton never quite reaches.

### Joey & Rachel ("Friends")

This pairing is very out-there, I know. I'm not super passionate about this one, but I definitely found it preferable to Ross and Rachel, who were clearly endgame. Though Joey and Rachel's relationship is platonic for most of the series, this, arguably, makes their romance all the more meaningful. On the other hand, Ross has been obsessed with Rachel since high school, rarely respecting her interests. He is constantly plagued with jealousy and is entirely uninterested in seeing Rachel fulfill her ambitions in the fashion industry. Joey, on the other hand, is there for Rachel throughout, pushing her to pursue her dreams and letting her move in with him while pregnant. Most importantly, Joey doesn't let the fact that Rachel turns him down ruin their friendship. He respects her decision, while Ross spends years proclaiming, "We were on a break!"

For more of the story  
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## Television's top 5 Valentine's Day episodes

by **Gino Giansanti Jr.**  
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While Valentine's Day has its fair share of romantic comedies to curl up with, TV series have done their part to keep both couples and singletons laughing, crying or both all February long. Here are my picks for the top five Valentine's Day-themed episodes:

### "The One With Unagi" — "Friends" Season 6, Episode 17

Kicking off our list is a fan-favorite that is probably the least Valentine's Day-centric episode on here, yet just as entertaining. With Monica working on Valentine's Day, she and Chandler decide to postpone their festivities and make each other's gifts by hand. When the date finally arrives, neither one has done their job, and chaos ensues when Chandler gives Monica a gift from his former lover and Phoebe makes sock puppets.

3 out of 5 hearts. Streaming on HBO Max.

### "The One With the Candy Hearts" — "Friends" Season 1, Episode 14

It's Valentine's Day in Greenwich Village and the gang is up to their usual tricks. The girls are single

and upset, so they decide to burn mementos from old boyfriends. The boys have bigger plans with hot dates for the big night, yet all falls apart when Ross is eating at the same restaurant as Carol and Susan, and Joey mistakenly sets Chandler up with everyone's favorite TV ex-girlfriend. Ohhhh myyyy goddddd, can you even imagine?

4 out of 5 hearts. Streaming on HBO Max.

### "Galentine's Day" — "Parks and Recreation" Season 2, Episode 16

While other series capitalize on Christmas or Halloween episodes, "Parks and Recreation" always made a big deal about Valentine's Day and is the primary reason why "Galentine's Day" crept into the English language. Leslie Knope proves she is the best friend a girl could have by taking her gal-pals out for brunch on Feb. 13, and giving everyone a 5000 word essay of how much they mean to her. Not to mention how she goes on a wild goose chase for her mom's old flame, who proves to be a little different than she remembered.

3 out of 5 hearts. Now streaming on Peacock.

For more of the story  
visit [DAILYCAMPUS.COM](http://DAILYCAMPUS.COM)

## Let's talk conversation hearts



ILLUSTRATION BY ANNA IORFINO, ARTIST/THE DAILY CAMPUS

by **Rebecca Maher**,  
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Once a year, every year, a candy like no other arrives in stores across the country. This candy has been subjected to heated debate ever since its creation in 1847, as some uphold it as the height of romance while others disgrace it as icky and unappetizing. Today, two Life writers have come head-to-head to debate this (in)famous dessert in a conversation about the most controversial candy of our time: conversation hearts.

**Rebecca Maher (ALE):** As a child, I lived for Valentine's Day at my elementary school. All of my friends, acquaintances and enemies would come into class with backpacks full of candy and funny cards to distribute around the room. And no matter how popular or unpopular you were, you would come away from the experience with a shoebox filled to the brim with treats. Of these treats, my favorite was and is conversation hearts.

B  
MINE

While I've never been a fan of Neco Wafers, there was something about these incarnations that brought me immense joy. I loved sliding my friends "Be Mine" and "Rock Star" hearts, because — let's face it — they are the definition of wholesome. When you see a heart that reminds you of your friend — or, better yet, when your friend sees one that reminds them of you — there is quite literally nothing sweeter than sliding it over like a miniature card. The giving and receiving of these candies allow people to express themselves and their love for each other in a way that is not overtly embarrassing or romantic. It gives people a way to reach out to each other without fear of being rebuffed. You didn't write the note, but you share the feeling. So pass the candy.

Beyond that, I also enjoy the taste. I like to let the hearts melt in my mouth in the manner of a lollipop and pretend the cute message has been imprinted on my tongue.

**Lesly Nerette Jr. (CC):** Whether the love you harbor is romantic or platonic, Valentine's Day is the perfect way to let someone know you cherish and appreciate them. On Valentine's Day, love has no fragrance, but it fills a room in the form of gifts. Among these gifts, candy is the most common and appreciated.

I love all types of candy and reject

nothing! However, if I had the option to, I would turn away all conversation hearts. Don't get me wrong, I am grateful to even be thought of on this day, but conversation hearts have just never sat right with me: They are always so chalky, lacking in flavor and seem trite after all these years. As for the small messages, they are adorable and punny, but I have never been one for minced words, so a small card would do just as well!

Again, the intentions behind these hearts bring a smile to my face, but there is so much more flavorful candy to be had, and conversation hearts are just not among them.

**RM:** Clearly my opponent does not understand the merits of chalky candy.

CALL  
ME

Think PEZ, Smarties and conversation hearts. All of these candies have a fantastic, satisfying crunch that beats a chocolate bar any day. Furthermore, since they are more similar to hard candies, they last much longer than the fun size candy bars most people pass out on Valentine's Day. Thus, you get the same sugar rush of a Hershey's Kiss, but with a much longer period of enjoyment.

But even if you hate the taste of this candy — for some inexplicable reason — it also doubles as actual chalk that you can use to decorate your driveway or sidewalk. Thus, it is more versatile than any other candy on the market. And for this reason, among others, conversation hearts are the No. 1 candy you should give your valentine this Sunday.

L  
U  
V

**LN:** Rebecca, friend, I think you may have put too much dip on your chip with this take. Versatility is a virtue that these conversation hearts hold, but unlike Smarties and PEZ, these conversation hearts mimic a medicine flavor. Beyond this, chocolates and other fruit-flavored candies come with many different layers and flavors as opposed to this one, outdated taste.

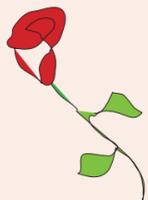
Also, I don't know how I'd feel about candy that can be used as chalk going into my body; this is why Smarties and PEZ are my last go-to. I prefer to vacuum the gold that I've received throughout this day, as opposed to playing with candy that may have even more questionable ingredients than most.

Preeminently, we are free to eat what we find appealing, but if y'all love yourselves and your platonic or significant other, please get them other candy this upcoming Valentine Sunday.

### Pasta Aglio e Olio

Pasta aglio e olio, as a pasta dish, sits a little more on the romantic side and is a great idea if you want to surprise someone with a fancy-looking dish. I've learned it's not always super filling, so make sure you get seconds or serve it with your favorite protein on the side. A side of chicken breast would be fine, but with some experimenting I learned I like it with a side of sauteed kielbasa. Original recipe from [bingingwithbabish.com](http://bingingwithbabish.com).

For more of the story  
visit [DAILYCAMPUS.COM](http://DAILYCAMPUS.COM)



## Sweet and savory treats to enjoy this Valentine's Day



ILLUSTRATION BY KAITLYN TRAN, STAFF ARTIST/THE DAILY CAMPUS

by **Emma Gehr**  
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If you are looking for some tasty treats to add to your Valentine's Day menu, then look no further! I have compiled a list of some of the most popular Valentine's Day-themed foods and snacks to help you celebrate. All of these are easy on the wallet and don't require any advanced cooking skills to prepare.

### Chocolate covered pretzels

Coming in as the top choice are chocolate covered pretzels. This classic treat combines salty and sweet and can be made with ease. Simply purchase a bag of pretzels or pretzel rods and your chocolate of choice. Once you have dipped the pretzels in the melted chocolate, transfer them to a parchment-lined baking sheet and stick them in the refrigerator. If you are feeling extra festive, you can purchase assorted Valentine's Day sprinkles to top off your final product before the chocolate sets. Make sure to give them a chance to set before packaging them up.

### Heart-shaped Rice Krispies Treats

Rice Krispies Treats have been a staple in my house for many years and they can easily be made into a great Valentine's Day treat with

only a few additional steps. The original Rice Krispies Treats recipe can be found here, and I find that sticking to this one produces the best results. Once you have combined the butter, marshmallows and Rice Krispies cereal, you can add red and pink food coloring to transform your traditional Rice Krispies Treats into a Valentine's Day delight. If you want to go above and beyond, you can also use a heart-shaped cookie cutter to make them even more festive. These are best served the same day, so make sure to prepare them in the morning or early afternoon so you can enjoy them with your Valentine, galentine or as a special treat all for yourself!

### Snack mix

If you don't have a sweet tooth, then Valentine's Day snack mix is a great alternative that is sure to be a crowd pleaser. Depending on what recipe you choose, you will most likely need to purchase some combination of various kinds of Chex cereal, pretzels, popcorn, M&Ms and sprinkles. To make this incredibly easy snack, simply mix all of the ingredients together in a large bowl and enjoy with your roommates or family, or divide it up into bags to drop off to friends.

### Brownie Bites

I don't know about you, but brownies have always been one

of my favorite sweet treats. I have always used a box recipe to make them, but if you are more of a homemade type of person, then go for it! Once the brownies are out of the oven and have had time to cool down, grab your heart-shaped cookie cutter and cut the hearts out. To go along with the red and pink color theme, you can purchase icing to put on your final creations or melting candies to create a glaze. Once the icing has had time to cool, you can either serve right away or store them for a few days and gift them on Valentine's Day.

### Chocolate covered strawberries

Last, but certainly not least, are chocolate covered strawberries, a delicious dessert that can be decorated in many festive ways. Once again, this sweet treat is fairly simple to make and only requires a few ingredients: strawberries, chocolate and melting wafers. Once you have melted the chocolate and wafers and have dipped the strawberries, you can add pink and red sprinkles to help liven them up.

Making a homemade treat to give to someone on Valentine's Day is a great way to celebrate, while also being able to enjoy a delicious dessert or snack. If you are looking for an easy gift idea for your Valentine or just want to enjoy a sweet treat with your roommates, friends or family, these recipes are a simple and tasty choice!

## Valentine's Day movies for different moods



ILLUSTRATION BY MICHELLE CHIMID, ARTIST/THE DAILY CAMPUS

by **Kaylie Sheehan**  
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With COVID-19 still going on, staying in is the best way to stay safe this year. Whether you're single or taken, there's no better way to spend your Valentine's Day than watching a great romantic movie. I made a list of some of my favorite romantic movies for whatever mood you're in!

My first movie suggestion will undoubtedly provoke a melancholy mood. **"Blue Valentine"** is a story of the excitement of falling in love and the disappointments that come along with the trials of love, age and life. This couple, played by Michelle Williams and Ryan Gosling, falls in love fast and without hesitation. You can tell the young characters never would have thought things would become so challenging. The couple becomes stuck in a monotonous, dull cycle. It is clear the traits they used to love in each other turned into the flaws they both grew to re-

sent. Ultimately, their opposing personality flaws lead to their downfall.

Favorite quote: "How can you trust your feelings when they can disappear just like that?"

Featured song: "You and Me" by Penny and the Quarters.

**"Crazy Stupid Love"** is a romantic comedy with a relevant message, despite how lighthearted it is. The movie primarily follows the love story of two separate couples, but there are many complicated storylines in between. A lesson that can be learned from this film is that you must find yourself before you can be the right person for someone else. This is one of my all-time favorite movies and I am jealous of anyone who gets to watch this for the first time.

Favorite quote: "I will never stop trying. Because when you find the one you never give up."

Featured song: "Just One Look" by Doris Troy.

One thing I absolutely love about **"Call Me by Your Name"** is the aesthetic and beauty behind the

filming. It takes place in Northern Italy in the summer sometime during the '80s. This story demonstrates the way one person can impact your life forever and the beauty of new, unexpected love. The attraction of this film is the fact that there is no rush, it follows the progression of their love by documenting their everyday life. "Call Me by Your Name" gracefully represents the LGBTQ+ community, without the usual clichés.

Favorite quote: "But to make yourself feel nothing so as to not feeling anything — what a waste!"

Featured song: "Mystery of Love" by Sufjan Stevens.

**"Silver Linings Playbook"** is the story of how Pat (Bradley Cooper) and Tiffany (Jennifer Lawrence) formulate a mutually beneficial trade-off based on their situations. Pat recently found out his wife had been cheating on him and Tiffany lost her husband.

For more of the story  
visit [DAILYCAMPUS.COM](http://DAILYCAMPUS.COM)

## Easy Valentine's Day dinners your stomach and wallet will love

by **Brandon Barzola**  
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Valentine's Day is right around the corner, and you might still be scrambling to figure out what to make for dinner that night. Luckily, there are some really cheap and easy dinners to try out.



# Life

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ILLUSTRATION BY KAITLYN TRAN, STAFF ARTIST/THE DAILY CAMPUS

## How to love yourself on Valentine's Day



ILLUSTRATION BY MICHELLE CHIMID, ARTIST/THE DAILY CAMPUS

by Ian Ward  
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With Valentine's Day around the corner, there is a tremendous amount of pressure to have a date or do something romantic. In reality, unless you are already in a relationship, it is hard to find any purpose in a holiday about love.

This Valentine's Day, instead of worrying about someone loving you, why not focus on loving yourself? That is easier said than done, of course, but there are ways to love yourself that you can use beyond Valentine's Day.

To start, do something you enjoy without having to wait on someone else. By focusing on what you desire without the fear of what others will think, you will be able to put all of your attention toward your own hobby. One of the first steps toward self-love is letting go of the opinions of others. At the end of the day, you are the only person you will be with all the time, so why not spend that time doing activities you love?

Another vital part about loving

yourself is to forgive yourself for all of the mistakes you have made. It's easy to beat ourselves up about things we did in the past, but to love ourselves, we must forgive ourselves for our actions. Doing this will allow us to learn to be open to new opportunities to grow. Let's say you have a crush and you ask them out on a date, and they say no - that's okay. Now, you have the chance to take yourself or your friends out on a date.

A crucial part of self-love that needs to be addressed is moving away from toxic behaviors. It is tempting to binge drink to fill the void of not having a valentine, but it will only hurt you in the end. If you love going on walks, take a nice long walk to your favorite place and listen to your favorite music or podcast. This will not only keep you physically active, but can also free you from any negative thoughts that kept you from enjoying the moment.

Speaking of which, try your best to live in the moment. I know it's not as easy as it sounds, especially if you have depression

or anxiety, but in order to get the best out of our lives, we must live in the present. Worrying about the past is not going to change anything, and wondering about the future will just hold you back from enjoying the present.

Valentine's Day is not the easiest holiday to be single during. However, it provides an opportunity for self-reflection and re-examining ourselves. It is almost impossible to love other people without first loving ourselves. Since COVID-19 has slashed opportunities to celebrate Valentine's Day, why not spend this holiday doing what you love the most and give yourself a break?

If you are in a relationship, make sure to take care of yourself first. Do not try to appeal to your partner's needs or desires if it makes you uncomfortable. This will only diminish your own self-love and could eventually lead to a one-sided relationship.

Be kind to yourself this Valentine's Day. There will be times when it will be challenging, but at the end of the day, loving yourself is the biggest reward of all.

ILLUSTRATION BY DIONEL DE BORJA, ARTIST/THE DAILY CAMPUS

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Ideas and ways to celebrate this weekend's holidays.

Page 10-11 | Survey results

See what fellow Huskies said about love, sex and relationships in the midst of COVID-19

### What is the Valentine's issue about?

Life looks a bit different on campus this year, however, even a pandemic can't stop us from rolling out our special Valentine's Day issue. This is the fifth time the Life section has taken on this arduous endeavor, and now more than ever, we are reminded of how love - romantic, platonic and beyond - can find ways to adapt, just as we do. College is a strange experience right now, and we tried to represent all forms of love, sex and relationships on campus through our survey and student pieces. Whether Valentine's Day means a lot for you and your significant other, is a corny celebration or it's just another day, we've got all kinds of media and reading material to enjoy: a history lesson, inexpensive meals to cook, a writer's experience on Tinder and more. Thank you to everybody who took our love and sex survey - your input is greatly appreciated, and get ready to take it again next year! A lot of love went into this extended issue. We hope you find levity, truth and thoughtfulness within its pages, maybe inspiring some important conversations, or at least some fun when social interaction is in short supply.

Happy Valentine's Day and thanks for reading!

XOXO,

Hollianne Lao, Life Editor

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