

UConn Culinary Olympics and What to Expect for Spring 2023



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The University of Connecticut Dining Services hosted its 22nd annual Culinary Olympics competition last week in Storrs.

The competition kick-started this year's semester for the chefs and kitchen assistants who work to provide dining options throughout the year to UConn students and staff.

The competition includes two parts and is always open to the public.

"The Culinary Olympics have evolved into both a recipe contest as well as an event called Boiling Point which is our version of Chopped," Assistant director of culinary development Robert Landolphi said.

Chefs who participated in the recipe contest worked as solo competitors in either an appetizer and entrée category or in a dessert category, a press release said. In the Boiling Point competition, chefs work in groups based on dining hall or retail locations.

Participants were judged by A-list experts in the food industry field based on a pre-made scoring card according to a press release.

"Food experts [included] novelist Rand Richards Cooper, a longtime New York Times food critic and travel writer. Alex Dino, corporate executive chef for Nestle Professional and an author. The chefs from Willimantic Brewing Co. and from Metro Bis Restaurant in Simsbury and others," a press release said.

The Culinary Olympics are an opportunity for UConn chefs and kitchen assistants to show their talent and display skills outside of UConn dining restrictions. Several years ago the competition was even aired on Food Network, Landolphi said.

In this year's Boiling Point competition the mystery ingredients included Red Hots candy, a Pomelo, Rice Krispies, Mushrooms, Pork Belly and Conch according to a press release.

The winner of last week's competition was Team North. The three winning chefs from North Dining Hall made Northern Floridian conch, wild mushroom tapenade and pork belly bites, a press release said.

In second place came Team McMahon and in third was Team Putnam in the 2023 Boiling Point competition according to a press release.

"The winning team in the Boiling Point competition get their names put onto a plaque with all the chef's names who



The UConn dining services hosted its 22nd annual Culinary Olympics competition last week in Storrs. Putnam dining hall secured third place in this year's competition.

PHOTO BY JORDAN ARNOLD, STAFF PHOTOGRAPHER/THE DAILY CAMPUS

ever competed and won," Landolphi said. The individual top-three winners in the recipe contest receive medals.

As for updates to UConn dining for students this semester, a new cafe in the Northwest science quad is now open.

"Nanobyte cafe opened on Tuesday and will offer a lot of new items, specifically dif-

ferent types of desserts that we don't do in other cafes," Landolphi said. "There will also be boba bubble tea. It is located in the new science building on campus."

In addition to this, Landolphi highlighted that UConn Dining Services have been able to increase their staffing this semester which will benefit the dining hall expe-

rience for students.

"You will see a lot more of the bars being consistently open where students can come in, choose what they want in a dish and then have it cooked on spot for them. Chefs are excited to cook to order and interact up front with students more in the dining halls this semester," Landolphi said.

NATIONAL NEWS REVIEW

McCarthy wins Speaker of the House election after days of negotiations and concessions

by Samuel Katz
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Beginning on Jan. 3, 2023, the United States House of Representatives met to elect the Speaker of the House, the office in charge of all administrative aspects of the

House. Breaking a century of single-vote elections, Speaker Kevin McCarthy (R-CA) only received the majority vote after three days and 15 rounds of voting.

Through many of the voting rounds, McCarthy's victory was hindered by a bloc of 20 Republican congressmen from the House

Freedom Caucus, considered to represent the furthest right leaning members of Congress. Forbes reported that members of this group believe that McCarthy would be too willing to compromise with Democratic policy as both the Senate and presidency are safe Democratic sections of government.

"The narrow margins have empowered some conservative lawmakers to capitalize on McCarthy's increasingly desperate situation by demanding the reinstatement of the motion to vacate, along with a rule that would forbid GOP leaders from being involved in primaries and another to require bills to be posted in their entirety 72 hours before voting takes place," Forbes reported on Dec. 14, 2022.

McCarthy's challenger, Hakeem Jeffries (D-NY) received consistent backing from House Democrats over the rounds of voting but was unable to gain any Republican votes. Freedom Caucus members voted for several different Republican candidates including Jim Jordan (R-OH), Byron Donalds (R-FL) and Andy Biggs (R-AZ), or simply voted "present".

According to Reuters, a Speaker vote did not take more than one round since 1923 and the most recent Speaker election requiring this many

rounds happened in 1859. The highest number of rounds for a Speaker vote was in 1855, taking over 133 rounds of voting.

"The 57-year-old Californian suffered one final humiliation when Representative Matt Gaetz withheld his vote on the 14th ballot as midnight approached, prompting a scuffle in which fellow Republican

Mike Rogers had to be physically pulled away. McCarthy's victory in the 15th ballot ended the deepest congressional dysfunction in over 160 years. But it sharply illustrated the difficulties he will face in leading a narrow and deeply polarized majority," Reuters said on Jan. 7.

With the election of Speaker McCarthy, congressional policy can be brought to discussion and presented, as well as the swearing in of new members of the House of Representatives. It remains to be seen how McCarthy's concessions will impact the functions of the House over the next two years.

"McCarthy's victory in the 15th ballot ended the deepest congressional dysfunction in over 160 years."

REUTERS ARTICLE



House Speaker Kevin McCarthy of Calif. gestures towards the newly installed nameplate at his office after he was sworn in as speaker of the 118th Congress in Washington, early Saturday, Jan. 7, 2023. PHOTO BY MATT ROURKE/AP

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News

NEH AWARDS \$28.1 MILLION IN GRANTS TO U.S. HUMANITIES PROJECTS

by **Aiza Shaikh**
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The National Endowment for the Humanities, an independent federal agency, recently announced that they will offer U.S. humanities projects grants totaling \$28.1 million, according to an NEH press release. Grant awards are meant to “support humanities initiatives at college campuses, conservation research, innovative digital resources, and infrastructure projects,” the press release said.

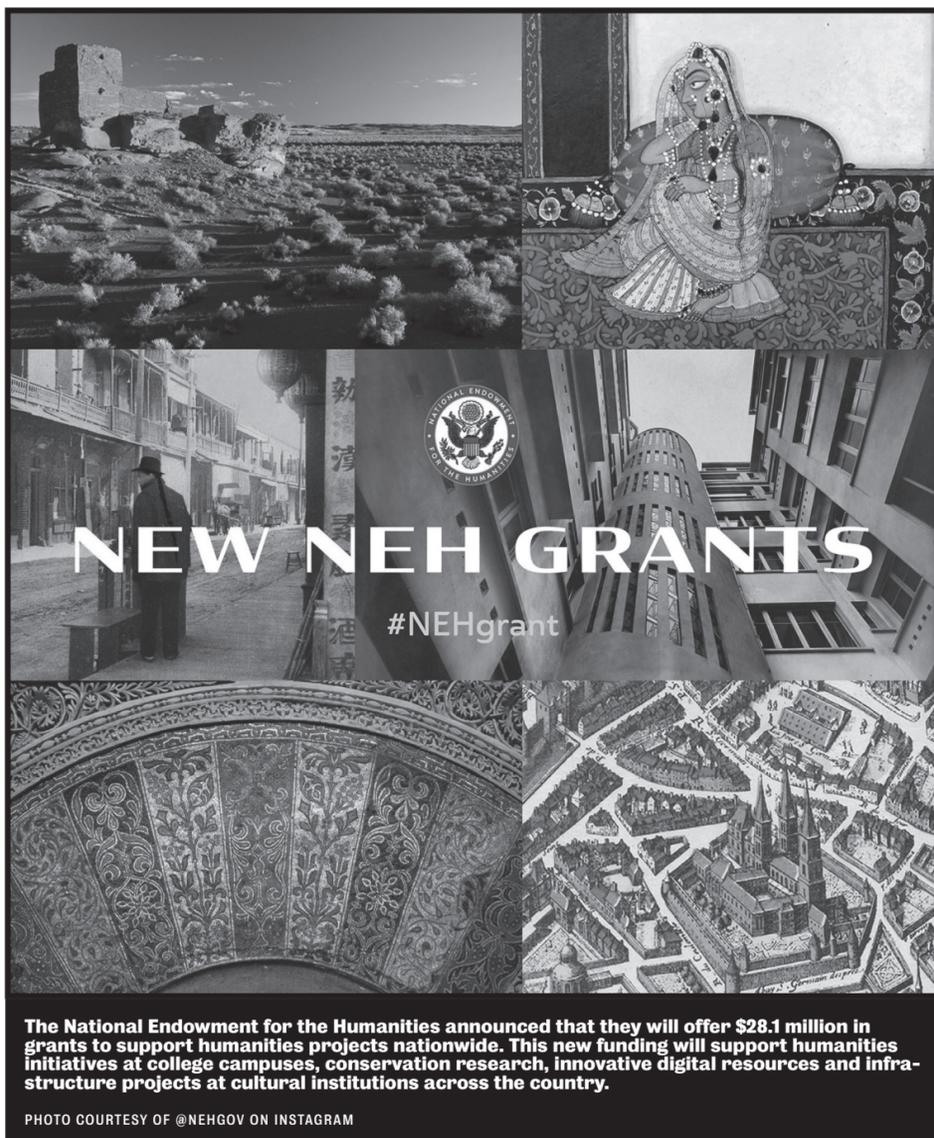
The grants will be distributed to 204 humanities projects in numerous U.S. states and territories, with tens and hundreds of thousands of dollars going to each project. A complete list of the projects and their respective grant amounts can be found on NEH’s website.

NEH is an agency that aims to support efforts relating to history, literature, philosophy and other fields in the humanities. According to their website, NEH is one of the largest funders of U.S. humanities programs, and they focus on funding various cultural institutions.

“NEH grants typically go to cultural institutions, such as museums, archives, libraries, colleges, universities, public television, and radio stations, and to individual scholars,” says their website.

NEH Chair Shelly Lowe believes the projects contribute to the engagement of humanities ideas and practitioners across the United States.

“The range, diversity, and creativity of these new projects speak to the wealth of humanities ideas and deep engagement of humani-



The National Endowment for the Humanities announced that they will offer \$28.1 million in grants to support humanities projects nationwide. This new funding will support humanities initiatives at college campuses, conservation research, innovative digital resources and infrastructure projects at cultural institutions across the country.

PHOTO COURTESY OF @NEHGOV ON INSTAGRAM

ties practitioners across our country,” said Lowe. “From Tulsa, Oklahoma, to Hilo, Hawai’i, NEH funding reaches thousands of towns and communities, supporting lo-

cal organizations, fostering creative projects, and providing access to high-quality humanities for all Americans.”

The majority of grants will be used to further research

in humanities and increase accessibility of educational resources and programs. Other grants will go toward the creation of a virtual museum, which includes a vir-

tual model of “Jane Austen’s desk,” according to NEH.

“Jane Austen’s Desk [is] an immersive web platform that will let users explore Austen’s writings, personal artifacts, and historical documents within a recreated interior of the writer’s home,” explains the press release.

Sixteen of the NEH grants, which are new this year, are expected to provide funding for “private investment in capital improvement projects at historical and cultural institutions [in the U.S.],” as stated in the press release. One such grant, for instance, will support restoration and structural upgrades to the Freedom Tower in Miami, Florida, and another will fund renovations to a children’s museum in New York.

The remainder of grants will apparently support writing projects on various topics and 29 educational institutions across the country.

Another new addition to NEH’s grants this year is a “special initiative,” called American Tapestry: Weaving Together Past, Present, and Future, which will allow for investments supporting civics education, as well as literacy in media and information.

The grants are to be separated into 10 categories: Awards for Faculty; Digital Humanities Advancement; Digital Projects for the Public; Fellowships; Fellowships for Advanced Social Science Research on Japan; Humanities Initiatives; Infrastructure and Capacity Building; NEH-Mellon Fellowships; Preservation and Access Research and Development; and Preservation Education and Training. The full list can be found in the press release.

Campbell’s consolidating snacks division, moving jobs to NJ

CAMDEN, N.J. (AP) — Campbell’s Soup Co. plans to spend about \$50 million to upgrade of its headquarters in New Jersey as it consolidates the central offices of snacks businesses from North Carolina and Connecticut.

The company announced Wednesday it will add about 330 positions at the site in Camden, bringing the total jobs there to about 1,600. It said the move will drive greater creativity, collaboration and career development at the company.

The jobs are moving from offices in Charlotte, North Carolina, and Norwalk, Connecticut. A Snyder’s pretzel bakery and other operations in Hanover, Pennsylvania, will not be affected by the changes, and the company will continue to operate its Pepperidge Farm bakery in Bloomfield, Connecticut. Campbell’s also said

Charlotte will remain a key manufacturing and distribution center for the company.

The headquarters upgrade and expansion, aided by unspecified tax incentives from New Jersey, will start in March and should take about three years to complete. Campbell’s plans to upgrade existing space and construct new buildings, including a campus center and a snacks research and development center and pilot plant.

Having one snacks headquarters is expected to save Campbell \$10 million annually within a few years, the company said. The savings will be partially reinvested in the business and are included in the company’s plan to increase margins in the snacks division. No commercial roles are being eliminated related to the closing of the Charlotte and Norwalk buildings, officials said.



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PHOTO COURTESY OF MIKE MOZART ON FLICKR.COM

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Ukraine helicopter crash kills interior minister, others



A view of the scene where a helicopter crashed on civil infrastructure in Brovary, on the outskirts of Kyiv, Ukraine, Wednesday, Jan. 18, 2023. The chief of Ukraine's National Police says a helicopter crash in a Kyiv suburb killed 16 people, including Ukraine's interior minister and two children. He said nine of those killed were aboard the emergency services helicopter.

PHOTO BY DANIEL COLE/AP

BROVARY, Ukraine (AP) — A helicopter carrying Ukraine's interior minister crashed into a kindergarten in a foggy residential suburb of Kyiv on Wednesday, killing him and about a dozen other people, including a child on the ground, authorities said.

Interior Minister Denys Monastyrskyi, who oversaw the country's police and emergency services, is the most senior official killed since Russia invaded nearly 11 months ago. His death, along with the rest of his ministry's leadership and the entire helicopter crew, was the second major calamity in four days to befall Ukraine, after a Russian missile struck an apartment building in the southeastern city of Dnipro, killing dozens of civilians.

There was no immediate word on whether the helicopter crash, which occurred on a foggy morning in the capital's eastern suburb of Brovary, was an accident or related to the war. Ukrainian authorities immediately opened an investigation. No fighting has been reported

recently in the capital region.

President Volodymyr Zelenskyy — addressing the World Economic Forum in Davos, Switzerland, by video link — said the crash had a broad connection to the war.

"This is not an accident because it has been due to war and the war has many dimensions, not just on the battlefields," he said after asking the Davos audience to join him in a standing minute of silence to honor those killed. "There are no accidents at wartime. These are all war results."

Ukraine's State Emergency Service, which was operating the French-manufactured Super Puma helicopter, said at least 14 people were killed, including nine on the helicopter, and a child on the ground. It said 25 people were injured, including 11 children. Early official reports gave differing numbers of casualties.

At the scene of the crash and ensuing fire, plastic sheets covered at least four bodies. Workers cleared charred and mangled wreckage lying against

an apartment building and in the kindergarten's playground. Some walls were partly demolished and blackened. The helicopter's blackened rotors protruded from a destroyed car and rested on the roof of a building's entrance.

Kyiv regional Gov. Oleksii Kuleba told Ukrainian television that emergency services were still identifying remains and that the death toll could rise.

The crash killed five Interior Ministry officials, one national police official and all three helicopter crew members, the Ukraine National Police said. Monastyrskyi's deputy Yevhen Yenin and State Secretary of the Ministry of Internal Affairs Yurii Lubkovych were among the dead, the police said.

Monastyrskyi, 42, was in charge of police and emergency services that dealt with the consequences of Russian strikes and de-mining, political analyst Volodymyr Fesenko told The Associated Press.

Prime Minister Denys Shmyhal said National Po-

lice Chief Ihor Klymenko has been appointed acting interior minister.

Senior Ukrainian officials routinely travel by helicopter at low altitudes and high speed during the conflict, increasing the inherent dangers associated with the flights. The tragedy may prompt Kyiv to institute a rule many countries and companies follow stating that top officials shouldn't fly on the same aircraft, Fesenko said.

The officials on the helicopter were due to visit Ukraine's northeastern Kharkiv region, local police chief Volodymyr Tymoshko said, adding on Facebook that they were "not just leaders," but "friends who I respected."

The helicopter was sold to Ukraine before the war in 2019, a French defense official said, speaking on condition of anonymity because he was not authorized to be identified, according to ministry policy.

The Security Service of Ukraine is investigating "all possible versions" of the crash, prosecutor general Andriy Kostin said on Telegram.

The crash came at a particularly dark period in the war for Ukraine, just days after the Russian strike on the apartment building in southeastern Ukraine killed 45 people, including six children — the deadliest attack on civilians since the spring.

"The pain is unspeakable," Zelenskyy wrote on Telegram.

"Another very sad day today — new losses," said his wife, Olena Zelenska, dabbing teary eyes as she responded to the news at the economic conference in Davos, where she was mustering support for Ukraine.

White House National Security Council spokesman John Kirby called the crash "heartbreaking."

British Home Secretary Suella Braverman called Monastyrskyi "a leading light in supporting the Ukrainian people during (Russian President Vladimir) Putin's illegal invasion." She said she was "struck by his determination, optimism and patriotism."

German Chancellor Olaf Scholz, who is facing pressure to send tanks to Ukraine, tweeted that the crash "shows once again the huge price that Ukraine is having to pay in this war."

In Wednesday's other developments:

— Putin defended his invasion by offering a variation on arguments he has used previously. He told a group of veterans that Moscow's actions were intended to stop a "war" that has raged since 2014 in eastern Ukraine, where Russia-backed separatists have battled Ukrainian forces.

"All what we are doing today as part of the special military operation is an attempt to stop this war. This is the meaning of our operation — protecting people who live on those territories," he said.

Ukraine and its Western allies have rejected Russia's justifications arguments, saying Kyiv posed no threat to Moscow and the invasion was unprovoked.

— Russian Foreign Minister Sergey Lavrov said Moscow's goals in Ukraine are "determined by Russia's core legitimate interests."

"There must be no military infrastructure in Ukraine that poses a direct threat to our country," Lavrov said at his annual news conference. He claimed the goal of Ukraine's Western allies is to use the conflict to exhaust Russia.

— Fighting continued in eastern Ukraine around the city of Bakhmut and the nearby salt mining town of Soleidar, according to Donetsk Gov. Pavlo Kyrylenko. A total of 14 cities and villages were shelled in the partially occupied Donetsk region in the previous 24 hours, Ukraine's presidential office said. Two civilians were wounded.

It added that Russian forces also shelled residential areas of the southern city of Kherson, which Kyiv's military retook in November. Four people were wounded.

Woman gets probation for abandoning baby, attacking mother

NEW HAVEN, Conn. (AP) — A Connecticut woman who abandoned an 8-month-old girl in a dumpster after assaulting the child's mother has been sentenced to three years of probation, according to court officials. Both the baby and her mother survived.

Andiana Velez, 26, was sentenced Tuesday in state court in New Haven after having pleaded guilty to felony charges of assault and risk of injury to a minor in connection with the events in October 2020. A prosecutor had sought prison time for Velez.

Judge Gerald Harmon also gave her a 10-year suspended prison sentence, meaning she could be sent to prison if she violates probation. She was jailed on bond for 18 months after her arrest but was freed about six months ago when a judge reduced bail to a promise to appear in court, her lawyer said.

Police said Velez, of Hamden, had cared for the child

during a weekend in October 2020. While at a New Haven gas station with the girl and the child's mother, the mother told police Velez attacked her with a knife and drove off with the baby. Police said the mother had minor puncture wounds.

Velez told police it was the child's mother who pulled a knife on her. The girl was later found shivering and crying in a dumpster outside a New Haven apartment complex by a local resident, police said. The child also had burns on her hands, officials said.

Velez's lawyer, Paul Carty, said Wednesday that Velez did not cause the baby's burns. He declined to elaborate. He called Velez's sentence "appropriate under the circumstances."

"She already did 18 months," Carty said. "So it's not like they patted on her head and sent her out the door."

Prosecutor Stacey Miranda did not immediately return a message seeking comment.

Alex Jones' lawyer avoids discipline over records release

WATERBURY, Conn. (AP) — A Connecticut judge on Tuesday ruled that a Texas lawyer for conspiracy theorist Alex Jones committed misconduct but will not be disciplined in connection with the improper disclosure of confidential medical records of relatives of Sandy Hook school shooting victims.

Attorney Andino Reynal, based in Houston, failed to safeguard the sensitive information and failed to take adequate steps after discovering the improper disclosure, Judge Barbara Bellis wrote in her decision.

Reynal did not immediately return a phone message seeking comment Tuesday.

The Sandy Hook families' lawyers gave the medical records to Jones' attorney in Connecticut, Norm Pattis, as part of discovery in the families' lawsuit against Jones for calling the school shooting a hoax. The case went to trial in Connecticut in September and resulted in Jones being ordered to pay more than \$1.4 billion in damages to the families.

Pattis was suspended for six months by Bellis earlier this month over disclosure of the records to other attor-

neys, including Reynal, who were not authorized to have them. The documents were never released publicly.

Reynal represented Jones in another trial in Texas, where Jones was ordered to pay nearly \$50 million to the parents of one of the slain Sandy Hook children for repeatedly saying on his Infowars show that the shooting never happened. Jones says he is appealing both cases.

Pattis' office gave the confidential records to Jones'

bankruptcy lawyer in Texas, Kyung Lee. Lee later gave the documents to Reynal, who gave them to the Sandy Hook families' lawyer in the Texas trial.

Reynal said in court filings that the improper disclosure was inadvertent, and he did not know the records on the hard drive that he received from Lee were subject to a confidentiality order.

An appeals court has put Pattis' suspension of his law license on hold pending a review of his appeal.



A Connecticut judge on Tuesday, Jan. 17, 2023, ruled that Reynal committed misconduct but will not be disciplined, in connection with the improper disclosure of confidential medical records of relatives of Sandy Hook school shooting victims. FILE PHOTO/AP

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Life

“KALEIDOSCOPE”

is a
colorful
heist
show
with a
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RATING

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THERE ARE 7 BILLION WAYS
TO SOLVE A CRIMEA NETFLIX SERIES
KALEIDOSCOPE

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Pictured is the poster for the new Netflix miniseries, “Kaleidoscope”. There are eight episodes, each one embodying one of eight colors: green, violet, white, pink, yellow, red, blue or orange. The order of which the series is watched alters the viewing experience for the audience.

IMAGE COURTESY OF IMDB.COM

by Karla Perez
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Who doesn't appreciate a good heist show? Adding to the already thrilling heist genre, Netflix's recently released miniseries, “Kaleidoscope,” incorporates a unique twist. Each of the eight episodes in the series is identified by one of the following colors: Green, Violet, White, Pink, Yellow, Red, Blue or Orange. Every individual who views the series is given their own unique sequence of episodes, though “White” is always presented as the series finale. Of course, viewers still have the freedom to choose how they would like to watch the series.

“Kaleidoscope” follows the stages prior to, leading up to and following a heist. It tells the stories of seven team members and shows how and why they are aiming to attain seven billion dollars in bonds. There are several side stories involving love, heartbreak and identity that help the show flow. Secrets are revealed, betrayals are made and lives are put at risk. All of these factors make “Kaleidoscope” the intriguing series that it is.

The thought of the show being displayed differently to each viewer may sound daunting or confusing. I found it not to be so. All of the episodes correlate in a way that your questions will almost immediately be answered; if not, you will find moments of foreshadowing that you cannot help but keep in the forefront of your mind as you continue watching.

Many people who have already watched the show have

shared their randomized episode orders online. Some claim that there is a “correct” or “best” way to watch the show. For some, this is simply the chronological order of events. For others, it is a specially curated order that they believe creates the most enjoyable viewing experience. I believe that every viewer should give their assigned order a chance before resorting to online recommendations.

Leo Pap is supposedly the mastermind behind this heist. His story drives “Kaleidoscope.” It illustrates the fall of his moral character, what drives him to accomplish this grand theft and how he lives with himself in the aftermath. Pap brings the heist team together and assigns each of them a very specific role. While his plan is clever, it is also extremely delicate. The seven billion dollars in bonds are under the protection of the highly and widely respected Roger Salas, whom Pap has a history with. Pap vows to destroy Salas' reputation in an effort of reclaiming his own. Whether or not he will succeed is up to how well his team follows his instructions.

While many reviews of “Kaleidoscope” are negative, I feel the show is of merit. Pap is a clever character and a large contributor to making the show so compelling. Not only that but the producers and writers of the show are also clever with the concept of episodes being displayed in random order. This way, there is a varying mixture of energetic, adventurous and emotional moments. Apart from this, the randomness makes the show riveting and keeps viewers on the edge of their seats.



ILLUSTRATION BY ZAIRE DIAZ, STAFF ARTIST/THE DAILY CAMPUS

TIPS & TRICKS

FOR GETTING IN SHAPE THIS YEAR



by **Raymond Ollivierre**
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Whether it's a new year's resolution or just a budding interest, it can be hard to stay fit during school with everything going on as a student. It can also be quite challenging to find where to start, especially if you're not the athletic type or if you're just not a fan of working up a sweat. But like it or not, adults need at least three hours of moderate exercise a week to stay on top of current CDC guidelines. And chances are if you were feeling low on energy before, a little exercise can go a long way in helping you manage stress and feel better overall.

Gyms

Okay yes, the UConn Rec Center gets disgustingly crowded by the weight racks and yes, it can be very hard to find time to squeeze a routine in. But if you're not hell-bent on setting a PR — personal best — every time you go to the gym, machines are a great way to start. By minimizing the amount of movement you're required to do, you can instead focus on targeting areas you want to improve on. You also mitigate the chance of injuring yourself which can cause some pretty serious damage if you're not careful.

If you're not feeling motivated enough to go to gym or if you feel a little lost, consider getting a trainer. It can be pretty

daunting to walk into a massive gym space while getting overwhelmed by all the options. By having someone to guide you and hold you accountable, it creates an obligation to keep going and to stay consistent. The last thing you want to do is disappoint your trainer.

Even if you're shy, there are also group settings where you can work out with other people. You can consider joining a class if you want to continue your progress without feeling too self-conscious.

Not a fan of lifting weights or becoming the next Schwarzenegger? Or maybe you're tired of lifting and need something more? There is absolutely no shame in the cardio game. Ellipticals, treadmills, Stairmasters, ergs — it really doesn't matter. Finding that special machinery that keeps you motivated and moving can help improve your lung capacity and your general heart health. Personally, I'm a big fan of the elliptical and the erg because of their focus on whole-body movement.

No longer will you be winded by the infamous staircase at McHugh once you hit the Stairmaster for 30 minutes straight. A moment of true triumph indeed.

In addition, gyms are specially designed to allow you to multitask while staying active. Watching Netflix, listening to an audiobook, engaging in

a podcast and jamming out to high energy tunes are all ways to keep yourself from boredom — and to distract yourself from the pain.

Dorm

Okay, so you don't like the gym and you're sure as hell not going outside in the cold. What then? Believe it or not, your dorm room can be a good place to get started and stay active even if you don't like going outside. Basic calisthenics like pushups, sit-ups and Russian twists are great ways to keep in shape. If I had the time, I'd choose to get my body moving first thing in the morning and start every day off with radio calisthenics. Even something as simple as doing dips with your dorm chair can help you stay healthy after sitting hunched over at a desk for hours.

Contrary to popular belief, yoga and Pilates are not for the weak. Compared to other physical activities, yoga tends to be more relaxing and focuses on flexibility and control — perfect for those with little time to spare and are looking for a quick workout. Pilates on the other hand is like yoga, but with more pressure put on your muscle groups. Focusing on holding complex positions can make you realize how underutilized some of your muscles are and by targeting them, it can help you feel good at everyday tasks. Resistance exercises

are also another great way to strengthen your body without having to worry about stubbing your toe on the dumbbells your roommate left out.

The best way to get into fitness is to find ways to have fun while still challenging yourself. It isn't always going to be easy. There will be exercises that fatigue you more than others, or days where playing against a competing team really pushes you to your limits. But if all you want is to maintain a healthy body, start by exercising in some way for just 30 minutes a day and overtime it'll add up to years of progress.

Sports

For some, thinking of sports may remind them of their worst middle school and high school memories: running around the track for a warmup and then shuffling off to a wall to wait aimlessly for 45 minutes. If you're not a fan of staying indoors and catching varying whiffs of testosterone and body odor, then I highly recommend getting involved in a sport to keep yourself engaged. And before you make the excuse that "sports require me to be outside and it's cold," I'd like to remind you that there's a reason sports are all year round.

Sports like basketball, swimming and rock climbing can take place comfortably indoors. Most would even argue that

they're better indoors than outdoors.

Swimming is one of the most physically demanding sports out there, requiring not only a strong heart and lungs but literally every muscle in your body. With swimming, you can stay cool in the pool while getting a workout that can help you burn 1,000 or more calories over the course of just one hour of working out.

If water isn't for you, then basketball is another excellent sport. A half-court game of basketball over an hour can burn 500 calories or more while keeping you physically fit. Most of your muscle groups will be engaged over the course of the game, and by staying consistent you can expect to shed more calories if weight loss is your goal.

Maybe you don't like either of those sports and you long to return to the great outdoors. Well there's technically nothing stopping you from competing outside — it's just a little miserable. Sports like skiing and snowboarding can help people stay active and burn over 1,000 calories after a day's worth of activity. On nicer days, heading outside for a quick game of soccer, lacrosse or tennis can keep you actively moving. Remember: The only thing keeping you from playing outside is the conditions. If you have a high cold tolerance and you're in an optimal area, there's nothing stopping you from playing your favorite sports.

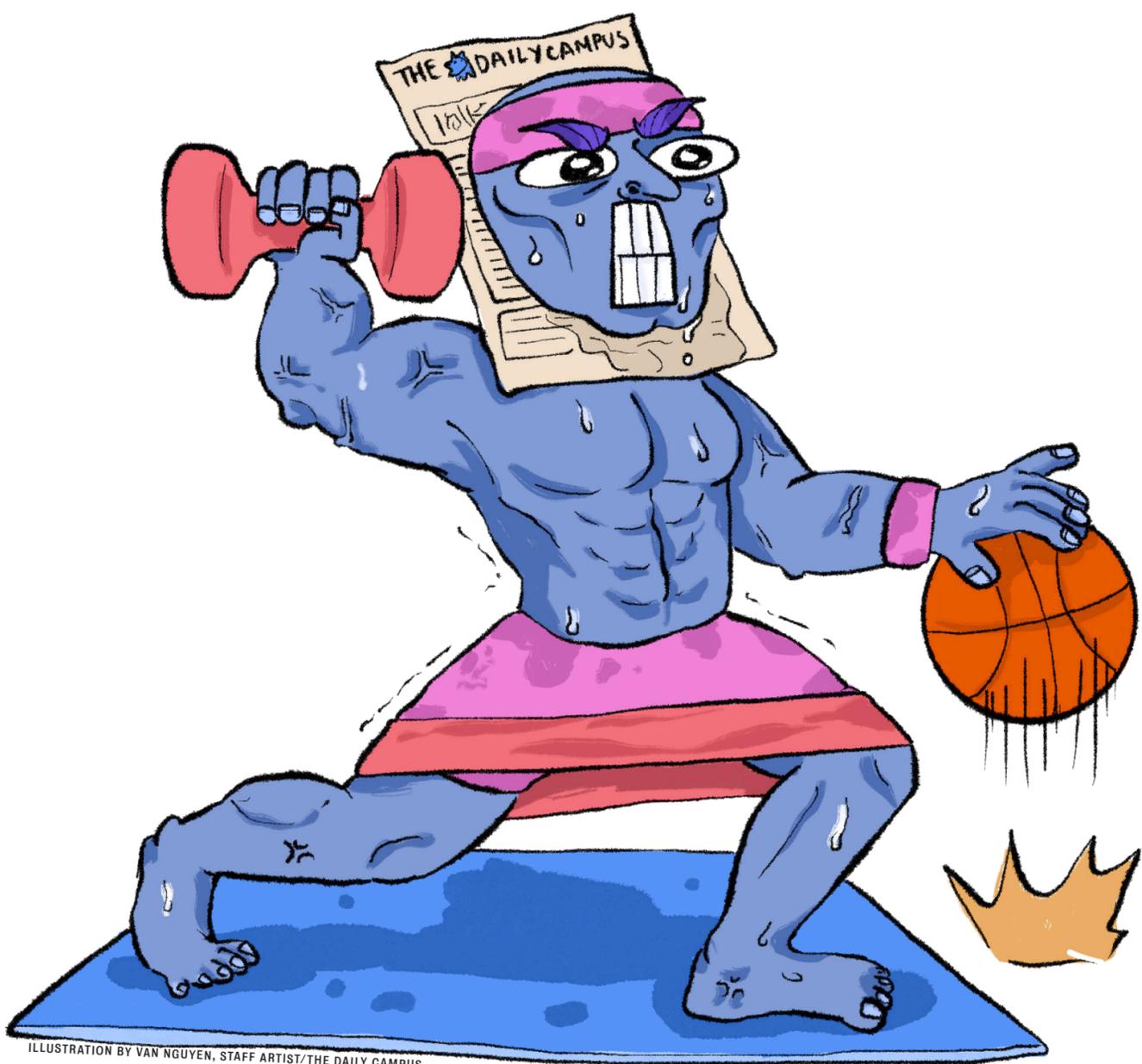


ILLUSTRATION BY VAN NGUYEN, STAFF ARTIST/THE DAILY CAMPUS



Life

@dailycampuslife

Make your semester sustainable

by Naiiya Patel | CAMPUS CORRESPONDENT | she/her/hers | naiiya.patel@uconn.edu

As a new year and semester starts, so do the unsustainable shopping habits. Everyone falls victim to the same marketing tactics that purchasing a water bottle or planner will be the missing key to achieving the perfect year. Rather than following along with the trend of consumerism, here are some small changes you can make to live a more sustainable lifestyle on campus.

Swap the paper plates and utensils in your dorm for reusable sets.

Reusable dining sets help prevent the number of paper plates that end up in the landfills. Although not everyone is lucky enough to have a kitchen area in their dorm, they can be easy to clean. A quick rinse in any sink helps you go green and feel good about your choices.

Grab a tote instead of relying on plastic bags when shopping.

Throughout the year, there are plenty of tote painting events on campus — like Late Night — that provide a great opportunity to change your habits. Not only can you use them whenever, you can also decorate them to your liking.

Shop secondhand.

Buying secondhand clothing is a great way to find unique pieces and more importantly, reduce the impact of fast fashion. Rather than paying full price for the same item, you can often find a similar version for cheap. Swapping clothing with friends when you want to refresh your wardrobe works as well. If not your friends, then try the UConn Swap Shop.

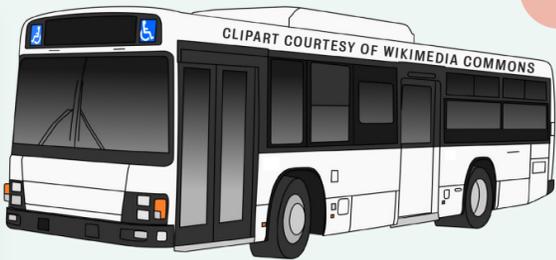
Utilize your UPass.

As a UConn student, you have access to a free CT-UPass that allows you to take any train or bus in Connecticut. You can limit the amount of driving you do and start using public transportation as an alternative.

Donate, don't throw out.

Think for a second before you throw out anything, especially in your dorm rooms. Damaged or unusable items don't need to be saved, but if you are tossing items to declutter there can be better alternatives. Offering it to friends, neighbors or donating it can be a better option, or, find a way to create something new by using something old. Your version of trash can be exactly what someone else is looking for.

Sustainability on campus has been a huge issue as college students opt for cheaper and faster options due to their financial situations. According to University of the People, the average college student contributes over 640 pounds yearly in waste. It also ranks UConn as fourth on a list of "Greenest Universities."



Even the smallest change can make a large impact on campus. Consider these tips the next time you want to do more!



Opinion

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COMIC BY KAITLYN TRAN, ARTIST EDITOR/THE DAILY CAMPUS

The House is broken

by Dan Stark | WEEKLY COLUMNIST | HE/HIM/HIS | daniel.stark@uconn.edu



It's no secret that Congress is unpopular. The most recent Gallup poll found that only 22% of Americans approved of how Congress was handling its job. But why is Congress so unpopular? It all stems from the House of Representatives becoming increasingly dysfunctional and ego-driven, turning what once was a highly regarded institution of democracy into an absolute trainwreck. The dysfunction of the House was on full display during the vote for Speaker of the House two weeks ago. The vote for speaker is usually a routine process, as the majority of speakership votes have only taken one ballot. However, a group of ultra-conservatives headlined by charged sex trafficker Matt Gaetz and Colorado firebrand Lauren Boebert led an intra-party opposition to Kevin McCarthy to force multiple rounds of voting, the first time this occurred since 1923. In their various nominating speeches for their preferred speaker

candidates — including representatives Jim Jordan (R-OH), Byron Donalds (R-FL) and yes, even Donald Trump — they brought up generic talking points about how Washington is broken and how McCarthy represents the status quo and wouldn't change anything. While they're correct about McCarthy being a sleazebag establishment figure, they failed to recognize that one of the reasons Washington is broken is because of lawmakers like them holding up the legislative process. The holdout from the "Never Kevin caucus" resulted in 15 rounds of voting for a speaker. As a result, representatives were unable to be sworn in until the speaker was elected, meaning that as the vote occurred, the House had no members and essentially didn't exist. The prolonged vote also delayed the distribution of committee assignments, establishment of House rules and the ability to pass any legislation. And while four days are arguably insignificant in the

grand scheme of the 118th Congress, the fact that this group of conservative rebels intentionally held the hostage in voting for a speaker — despite the fact that McCarthy was going to win eventually — is a damning indictment of how volatile the House has become. This volatility is likely to increase during this session of Congress, as McCarthy made many concessions in order to get the votes for speaker that could lead to ousting him as speaker and a potential government shutdown. But even if the speaker vote only took one round of voting, the House in the 118th Congress was bound to be problematic. Despite McCarthy proclaiming the Republican's new house majority as a "new beginning," in reality it's going to be a step backwards for America as they seek to play the role of obstructionist to the Biden administration. This will likely stall many of Biden's legislative goals, rendering this Congress ineffective as a result the House and Democratic-controlled Senate dead-

lock. But House Republicans are likely to pursue investigations and culture war-influenced policy just to boost their ego. The most notable one of these is an investigation into Hunter Biden and the Biden family, as the House Oversight Committee website proclaims that, "Members of the Biden family have a pattern of peddling access to the highest levels of government to enrich themselves." Of course, these are the same Republicans who have vigorously defended the Trump family over the same accusations. It's also more than likely that the House will impeach Biden at some point during this Congress just so Republicans can brag that Biden was impeached. Similar to Trump's first impeachment, the chances of Biden being removed from office are very low, but Republicans will nonetheless probably go for it to boost their fragile egos. As if this dysfunctional and partisan weaponizing of the House wasn't bad enough, things are made worse by the

reality that the House has become a cesspool of ideologues who care more about their national profiles and name recognition than passing legislation. These figures are found on both the left and the right, including representatives Alexandria Ocasio-Cortez (D-NY) and Marjorie Taylor Greene (R-GA). There are also representatives who are just a magnet for controversy, most notably scandal-plagued compulsive liar George Santos (R-NY). I would be shocked if any of the names I just mentioned or any similar representatives pass any meaningful legislation during this session of Congress. To adjourn, the House of Representatives is a broken institution that will not improve with the hyper-partisanship and demagogic figures that will come to define the 118th Congress. While some legislation may be passed, House Republicans will likely be more focused on impeaching Biden and figuring out what to do about George Santos.



LOGO AND ILLUSTRATION BY KAITLYN TRAN, ARTIST EDITOR/THE DAILY CAMPUS

Opinion

Huskytalk

WHAT TREND DO YOU THINK THE DECADE OF 2020 WILL BE REMEMBERED FOR?



“I feel like the end of television. I think streaming is becoming the new thing and people are going to stop buying cable.”

Colin Piteo
History and Political Science
Sixth Semester



“Being chronically online. I would say the ease of access and connectedness of chronically being online because it’s becoming necessary to keep in touch.”

Evan Melara
Communications
Second Year Ph.D. Student



“I feel like probably all the new accessories like the funky cool earrings, or a mushroom top, all the fun new hair clips, I think that’s cool.”

Ariadna Aucapina
Global Health Science
Sixth Semester



“TikTok because everyone talks about TikTok and it’s new and interesting.”

Syd Cleaveland
Political Science
Sixth Semester

PHOTOS BY IZZI BARTON, STAFF PHOTOGRAPHER/THE DAILY CAMPUS

THE HUSKY BOOK BUNDLE IS LIT

by **Youssef Macary**

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It is entirely possible that my editor makes me take this part out, however, I’d like to begin by stating that what you’ll find in this article is a true rarity: A Daily Campus writer is about to write something good about the University of Connecticut, and that the Husky Book Bundle is a good thing for the university to provide.

Before I even look at the cost analysis of what the bundle can save students and the other benefits it provides, the most important aspect of the Husky Book Bundle is that it’s optional. It is practically impossible to say something bad about it because if it does not benefit the student, they can simply opt out of it. The individual decision-making aspect of the Book Bundle is unlike many other fees and fundamentally makes it impossible to negatively impact the student community, outside of the obvious potential for user error. The only occasion that may cause students to lose is if they pay for the book bundle and then buy their books anyways, either because they failed to opt out properly or didn’t realize the program exists.

However, looking at the numbers behind the book bundle, I believe that many students will find it financially beneficial. According to the program’s website, students “will save an average of 35-50%” on course materials if they use the bundle. The program saves students money, which is extremely important with college prices being as high as they are. Additionally, with textbooks now considerably cheaper, there is less of a concern that students may fail to purchase course materials for financial reasons and subsequently lose out on valuable resources that can be utilized to succeed in their classes.

The second major benefit of the Husky Book Bundle is its convenience. Instead of students scrambling to buy their textbooks in the first week of school, returning books for classes they dropped and making sure they have the right version, they can skip the shopping and just have the books shipped to their house. This past semester I got my physical textbooks shipped to me before the semester even started, making life significantly easier. This draws a stark contrast to my last semester, where I had to dedicate much more time to ensure I had the necessary materials for class. Additionally, students no longer have to spend time looking

for the cheapest version of the book in order to save money because the Book Bundle is a flat rate. The payment is the same regardless of having the more or less expensive version of the text. On top of that, if a student adds or drops a course, they’re still covered by the Book Bundle. There are so many reasons why the book bundle makes students’ lives easier.

Finally, the Husky Book Bundle also allows students to assess their courses immediately. Students don’t have to wait to buy a textbook until they see if they’re going to stay in the course, as it is sent to them regardless. This program “gives undergraduate students access to all required textbooks, lab manuals, access codes and electronic book versions in a convenient bundle before the first day of class.” Students can now hit the ground running as soon as the semester starts instead of running to get their textbooks.

The Husky Book Bundle is all positive. Students can save money and time — assets that are invaluable for a busy college student. This option has the potential to make life easier for so many people. And in the case that a student feels they won’t benefit from this program, they can just opt-out. You can’t lose.



A sign at the UConn Bookstore points students toward a book pickup area for the Husky Book Bundle program. The program claims to save students an average of 35%-50% on course materials, but students may choose to opt out if they like.

PHOTOGRAPH COURTESY OF @UCONNBOOKSTORE

Around the Top 25: Women's basketball – Siegrist continues to soar for Villanova, UNC makes statement win against crosstown rivals

by **Ava Inesta**
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Best Stat Lines

Maddie Siegrist (No. 25 Villanova) vs St. John's - 32 points, 7 rebounds, 4 blocks

This season, Maddie Siegrist leads the nation in scoring, averaging 28.8 points per game and was recently awarded Big East Player of the Week. Against St. John's, the senior forward kept the Wildcats on top by scoring 18 of her 32 points in the fourth quarter. Halfway through the final quarter, Villanova was down by 16 points, but Siegrist went on an 11-0 run to get the Wildcats back in the game and ultimately seal the win 64-61. This was her ninth 30-point game, moving her to second on the all-time Big East scoring list at 1,346.

Endyia Rogers (No. 21 Oregon) vs Washington State - 33 points, 6 rebounds, 3 steals

Despite Washington State's upset over Oregon and their first win against a ranked team since 1998, Endyia Rogers had quite the performance, scoring 33 points for the Ducks. The senior guard made 6 of her 88 three-point attempts and was an offensive weapon, scoring 24 points in the second

half. Although the Ducks did lose, Rogers kept them in the game with her timely steals and clutch rebounds which was huge in Oregon's efforts to send the game to overtime.

Mackenzie Holmes (No. 6 Indiana) vs Wisconsin - 29 points, 8 rebounds

Mackenzie Holmes was unstoppable against Wisconsin, powering Indiana to a 93-56 win. In her 26 minutes of playing time, the senior forward shot 11-for-15 from the field and played a large defensive role having eight rebounds. Indiana started the game hot on offense with Holmes and freshman Yarden Garzon leading the way. Garzon scored the game's first seven points then Holmes scored 10 of the next 13 for the Hoosiers. This duo spaced out the floor for Indiana, giving them the most opportunities to score. Holmes finished the game with 29 points and paved the way for Indiana.

Angel Reese (No. 5 LSU) vs Auburn - 23 points, 15 rebounds, 2 assists

As a sophomore, Angel Reese has been dominant for LSU and continued that in their 84-54 win against Auburn. This game marked her

18th career double-double performance with 23 points and 15 rebounds. Additionally, Reese kept alive the streak of double-doubles in every game this season and also marked her 11th

slow offensive start but for the majority of the game, the score stayed close as both teams kept trading the lead back and forth. Defense was a huge factor in UNC's success as they started the game keeping NC State

under 20 points in as many minutes. In the second half, the Tar Heels gained more control of the game, taking advantage of the Wolfpacks turnovers. Kennedy Todd-Williams finished with 15 points, four rebounds, and two steals in the contest. UNC built up momentum in the fourth quarter and pulled away from NC State to the point where they were not able to come back. This 56-47 win for North Carolina sets a standard for the team and their abilities to play against ranked opponents.

No. 6 Indiana defeats No. 9 Maryland

Junior guard Sydney Parrish led the offense for No. 6 Indiana in their 68-61 win over No. 9 Maryland. She scored 18 points, four rebounds and had three steals, keeping Indiana at a strong pace. Despite the Hoosiers performance, Maryland was able to stay in the game with their pressuring defense making difficult situations for Indiana to score. Even though the Terps made it tough, Indiana still made plays when it mattered after going on a 7-0 run to break the tie score in the fourth quarter. Especially late in the game, the Hoosiers always had an answer and came out with the win.

the game keeping NC State under 20 points in as many minutes. In the second half, the Tar Heels gained more control of the game, taking advantage of the Wolfpacks turnovers. Kennedy Todd-Williams finished with 15 points, four rebounds, and two steals in the contest. UNC built up momentum in the fourth quarter and pulled away from NC State to the point where they were not able to come back. This 56-47 win for North Carolina sets a standard for the team and their abilities to play against ranked opponents.

No. 10 Utah outlasts No. 14 Arizona

No. 14 Arizona was not able to complete the upset of No. 10 Utah after the Utes chipped away their early lead and came away with the victory. This game was a neck-and-neck battle going into halftime, with Utah up 42-40. Arizona to-



LOGO BY ZAIRE DIAZ, STAFF ARTIST/THE DAILY CAMPUS

game having at least 15 rebounds this year. It doesn't look like anything is stopping the Maryland transfer as she was up and down the court making plays on each side of the ball to ease LSU to the win against Auburn.

Best Games

No. 22 North Carolina upsets No. 11 NC State

In UNC's first women's basketball sellout game since 2015, the Tar Heels defeated their rival in No. 11 NC State. It was a

Around Hockey East: BC plays spoiler, UMass drops 2 conference matchups



On Friday night, the UConn men's hockey team suffered their first home regulation loss of the season as they fell to the Merrimack Warriors 7-3. Following this loss, the team falls to 11-4-3 on the season.

PHOTO BY BENJAMIN ROY, GRABS PHOTOGRAPHER/THE DAILY CAMPUS

by **Ben Snyder**
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This past week saw some huge conference matchups as teams continue to battle for position as Hockey East playoffs begin to dawn on the horizon.

No. 7 BU dominates No. 19 UMass

BU went 2-1 and UMass went 2-2 since resuming their season after Christmas. BU's Lane Hutson, UMass's Ryan Ufko and Kenny Connors represented the United States at the World Junior Championship where they earned bronze medals. The Terriers and Minutemen faced off on Wednesday in Boston. BU got out to a 4-0 lead in the first and never looked back. Senior Wilmer Skoog (one goal, two assists) and Philadelphia Flyers prospect Devin Kaplan (two goals, one assist) led the charge offensively. Cisse McCarthy dished out two assists and was recognized as Hockey East Defender of the Week. UMass goalie Luke Pavicich was relieved of his duties midway through the second after yielding five goals in the 6-2 loss.

Last second goal pushes No. 7 BU past No. 15 Cornell

After their big conference victory, BU hosted an underrated No. 15 Cornell on Saturday. Freshman phenom Hutson (MTL draft

pick) scored with three seconds remaining in regulation for the win. Philadelphia Flyers prospect Jay O'Brien and senior Matt Brown each registered two assists in the 4-3 victory. The Terriers are now a top five program in the country as they are ranked No. 5 nationally and will host Maine this weekend.

UNH upsets No. 19 UMass on the road

The Wildcats have started to improve as they have gone 2-2 since Christmas break and earned their first Hockey East win on January 6th against Providence. They then traveled to Massachusetts and got a big upset on Sunday as two third period goals propelled them to victory. Tampa Bay draft pick Alex Gagne scored his first NCAA goal, and Cy LeClerc and Kristaps Skrastins provided the offense for New Hampshire. Skrastins was named Co-Hockey East Rookie of the Week. Freshman Mike Cameron had the lone goal in the loss. UNH will look to continue to rack up Hockey East victories as they take on No. 19 UMass-Lowell. The Minutemen are now unranked and are preparing for a Hockey East championship rematch with No. 13 UConn.

No. 16 UMass-Lowell splits with Maine

The Blackbears went 2-1-1 and the Riverhawks went 1-2 since re-

suming their season. UML earned a 2-1 road victory on Friday as senior Marek Korencik had a goal and assisted on sophomore Isac Jonnson's goal in the victory. Freshman Reid Pabich scored, and goaltender Victor Ostman made 32 saves in the loss. Maine avenged their loss on Saturday with a decisive 5-3 victory. They got out to a 3-0 and held on the rest of the way. Senior Ben Poisson (one goal, one assist) and freshman Luke Antonacci (two assists) led the way for Maine. Senior Brian Chambers had two goals for the River Hawks. UML is now ranked No. 19 and has a home and home with UNH this weekend. Maine will travel to Boston and be put to the test as No. 5 BU is next on the schedule.

No. 10 Merrimack bounces back against No. 14 Providence

Merrimack has cooled off a little bit and has gone 1-1-1 and Providence has gone 2-1-1 since Christmas. Providence's Jaroslav Chmelar helped lead Czechia to a silver medal at the World Junior Championship. This weekend was the third and fourth time these teams have faced off in the past three weeks. On Friday it was point night for the Friars as they scored three power-play goals on the way to an 8-3 win. Senior Parker Ford (one goal, three assists), Chicago prospect

Taige Harding (two goals, one assist) and Junior Uula Ruikka (one goal, two assists) shined in the win. Ford was named for Hockey East Player of the Week for his impressive performance. Providence lost their scoring touch the next night as they were blanked 3-0 by the Warriors. MC got goals from freshman Trevor Griebel, senior Mac Welsler and junior Alex Jeffries who also contributed an assist. New York Rangers prospect Hugo Ollas turned away all 35 shots for his third shutout of the season. No. 11 Merrimack will once again have a challenging matchup as Northeastern is next.

No. 20 Boston College ruins Sacred Heart's grand opening

The Eagles have been successful since Christmas, headlined by a big win over UMass-Amherst at Frozen Fenway and being nationally ranked for the first time this season. Star freshman Cutter Gauthier shined at the World Juniors Championship as he recorded ten points in seven games for the USA. The Eagles traveled to Fairfield, CT on Saturday for a historic night at Sacred Heart. SHU officially opened the Martire Family Arena. BC spoiled the night with a 3-2 overtime victory. Boston Bruins prospect Andre Gasseau had a short-handed goal and connected with fellow Bruins' pros-

pect Trevor Kuntar for a goal. It was their captain Marshall Warren (MN draft pick) who was the hero in overtime. Gasseau was named Co-Hockey East Rookie of the Week. Now up to No. 18, BC will look to keep it rolling this weekend against Vermont.

Vermont blanked by AIC on home ice

The Catamounts have gone 1-1-1 since Christmas and suffered a tough loss to American International College this weekend. AIC's Blake Bennett had two goals in the victory. Gabe Carriere allowed three goals on 24 shots in the loss. UVM will head to Conte Forum this weekend for a tough road series with No. 18 BC.

No. 12 Providence falls to Princeton in OT

After being bumped up to No. 12 in the rankings, Providence suffered a devastating loss to Princeton on the road on Tuesday night despite outshooting the Tigers. Freshman Liam Valente and Boston prospect Riley Duran provided the offense for the Friars. Sophomore Jack Cronin was the hero in overtime for Princeton. The Friars will have the next week and a half off from game action as they don't play again until January 27th. They're scheduled for a series up in Maine with the Blackbears.

Sports

Photo of the Day | No, it's my ball!



UConn women's basketball defeats Georgetown 65-50 at the XL Center in Hartford, Conn. on Sunday, Jan. 15. The team's next home game is scheduled for Saturday, Jan. 21 at Gampel Pavilion against Butler.

PHOTO BY SOFIA SAWCHUK, ASSOCIATE PHOTO EDITOR/THE DAILY CAMPUS

Roundtable: Super Bowl picks

With the Wild Card round of the playoffs behind us, there are just eight teams remaining in the fight for the Lombardi trophy. The AFC side has gone completely chalk so far, while the NFC has had two "upsets" seeding wise even though the Dallas Cowboys were betting favorites against the Tampa Bay Buccaneers. Will the Giants continue their Cinderella run and pick up their first win of the year against the Eagles? Will Kansas City get back to the Super Bowl after missing it last year or will the Bengals stay atop the AFC? The Daily Campus Sports section shares their picks in this week's roundtable.

by Stratton Stave

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Cincinnati Bengals

The 2022 runner-ups bring most of the same team from last year back and they're looking for revenge. QB Joe Burrow regressed slightly from his incredible run last year, but even with the slightly less impressive numbers, he played extremely well. His top targets, Ja'Marr Chase and Tee Higgins each caught for over 1,000 yards, while RB Joe Mixon bested 1,200 all-purpose yards without a fumble. The team is strong in most areas, although the recent injuries to the o-line do raise some concerns. Either way, the team is stacked and in a good position to make it all the way. The Bills will be a tough opponent and the Chiefs harder if both win, but Burrow's squad has the potential to beat any team they play.

by Noah Reed

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San Francisco 49ers

Coming into the playoffs on a ten game win streak and players getting healthy, I think San Francisco has the momentum to carry them to a Super Bowl win. They have solid weapons all around with McCaffery, Kittle, Aiyuk and Samuel rounding out the offense. Add to that a stellar defense that's tied for most interceptions (20), sixth in forced fumbles (16) and allowed the fewest yards per carry in the league (3.4), they're a threat. The biggest question mark surrounding this team is QB Brock Purdy. The rookie has played solid in his few career starts but needs to continue to be the guy going deeper into the playoffs. Great news for San Francisco, he performed well against Seattle during Wild Card weekend. Purdy ended the game with 332 yards, three passing touchdowns and a rushing touchdown for good measure. His play needs to stay at a high level in order for them to continue this run, but he hasn't let anything get in his way so far.

by Evan Rodriguez

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Philadelphia Eagles

With what the Eagles have shown this season, I think they're as strong as any team. Jalen Hurts is off the injury report and if he's able to replicate his MVP-like skill that he's demonstrated this season, any team who touches the Eagles this season are in trouble. He's got options with Miles Sanders or he can throw it to guys like AJ Brown, Devontae Smith or Dallas Goedert. If he wants to, he can take it himself with his ability to be an elite dual-threat quarterback. Their offense is electric and the Eagles defense is scary as well. Players like C.J. Gardner-Johnson at safety or Haason Reddick gives no opponent an easy contest. Due to being such a well-rounded unit and with what the entire NFL has seen the Eagles do, I have great reason to believe that they can win it all if everything is clicking.

by Connor Sargeant

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New York Giants

The Giants have been taking care of business all year and have surpassed almost all expectations by not only making the playoffs but beating a Minnesota team on the road that was favored, despite losing to them only three weeks ago. The Giants were one of the most dominant teams early on, starting 7-2; however, injuries forced them to deviate from that plan causing them to finish the year 2-5-1. Many of those injured Giants have returned as full participants. Daniel Jones, whom many assumed was a bust, played the part of the sixth overall draft pick last Saturday by throwing for over 300 yards and picking up 78 on the ground. It will be tough to beat this team with no quit in sight. The sky's the limit for this team that is hoping for a sequel to when they upset the undefeated Patriots in 2007. If New York makes it, they will have the same venue in Glendale, Arizona, as the unlikely wild card team looking to upset the world.

by Cole Stefan

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Buffalo Bills

The Bills entered the playoffs carrying the most momentum. Whether it was an eight-game winning streak or rallying for Damar Hamlin, Buffalo will stop at nothing to bring home a Super Bowl title. Even though he threw 14 interceptions in the regular season, Josh Allen is still one of the best quarterbacks in the league. While he and Stefon Diggs run the offense, the tight defense shuts opponents down. Von Miller may be out for the season with a torn ACL, but that has had a minimal effect so far as First-Team All-Pro Matt Milano and Pro Bowler Tremaine Edmunds wreak havoc up front while Jordan Poyer and Kaiir Elam protect the secondary. Above all else, the best thing in Buffalo's favor is that they do not have to play a true road game because if they play the top-seeded Chiefs in the AFC title game, it will take place at Mercedes-Benz Stadium in Atlanta. As long as the Bills do not lose a critical coin toss, they will run (not jump through) the table.

by Sam Calhoun

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Kansas City Chiefs

The Chiefs are one of the best teams in the NFL, even after losing star receiver Tyreek Hill to the Dolphins. Patrick Mahomes is the league's MVP, passing to Travis Kelce and JuJu Smith-Schuster. Mahomes adjusted quite well to how Kansas City's offense was running this year. A key to winning the Super Bowl this year won't come from the offensive side, but the defensive. Chris Jones has been the best defensive player on the team, earning first-team All-Pro honors with 15.5 sacks. The Chiefs won't be able to get to Glendale if their defense can't go up against Jacksonville, Buffalo, or Cincinnati's offenses. It won't just be Jones leading the defense, as Nick Bolton and L'Jarius Sneed lead at the linebacker and secondary roles respectively. The Chiefs are experienced and have something to prove, and I can see Andy Reid holding the Lombardi Trophy in February.

Spin Cycle: The UConn men's ice hockey spotlight conundrum

by Nick Spinalli
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The University of Connecticut men's ice hockey team is good. In fact, they're very good — the team has reached as high as sixth in the national rankings this season, the first time that the squad has ever reached that high, and the first time they've ever entered the top-10. They stand near the top of the Hockey East standings, holding the top spot for a majority of this season, and boast a solid 13-7-3 record on the campaign.

Yet, it seems that when the spotlight is on the team, they bury themselves deeper in the sand.

So far this season, the Ice Bus has competed in games at three separate highly-touted arenas: Madison Square Garden in New York City, Fenway Park in Boston and the inaugural game at the new Toscano Ice Forum located at the Storrs campus. Given the opportunity to show their ascension into an elite college hockey program, the team has fallen flat on their faces in all three matchups.

First, Cornell annihilated the Huskies, 6-0, in the world's most famous arena back on Nov. 26. Then the team shipped up to Boston, but was promptly shipped back out by Northeastern after the latter claimed a convincing 4-1 win in which Connecticut showed little life at America's most beloved ballpark. Finally, the team ushered in a new generation of hockey at UConn with their first game at the new Toscano Family Ice Forum, dominating Northeastern over two and a half periods, only to lose inexcusably due to mistimed, ill-advised penalties and a failure to capitalize on plenty of shot attempts during the final period. In those games, Connecticut has been

outscored substantially by their opponents, 14-4.

Daniel Connolly of The UConn Blog summed up the Huskies' performance at MSG wonderfully in a singular-byline: "The Huskies never showed up on Saturday night at Madison Square Garden." During that game, Connecticut goalie Logan Terness allowed a career-high six goals on 30 shots. UConn put 27 shots on target, but were unable to find the net, the only time the team has done so all season itself and were unable to capitalize on any of their four power play opportunities. That game specifically seems to have been a turning point for the Huskies, who had dominated the first half of their season schedule, but have gone an underwhelming 3-5 since puck-dropping in New York City. Even that record suggests UConn has played better than they actually have in the games since MSG, as two of those wins came against the lowly Long Island University Sharks. We know that New York City isn't an environment made for everyone, and it sure seems to have done a number on our beloved ice hockey team.

UConn's next opportunity to show the world their true prowess came at the Frozen Fenway on the icy layout of Fenway Park. But once again, the team showed little effort in their contest against conference foe Northeastern. The team already found themselves down multiple scores by the end of the first period, and though the team actually managed to find netting in the third to cut the deficit down to one, they were quick to allow their opponent another goal, making the score 3-1 in the third. The Huskies seemingly managed a goal to make the score 3-2, but the score was erased following a referee review, and Northeastern scored once more to cement



On Friday night, the UConn men's hockey team suffered their first home regulation loss of the season as they fell to the Merrimack Warriors 7-3. Following this loss, the team falls to 11-4-3 on the season.

PHOTO BY BENJAMIN ROY, GRABS PHOTOGRAPHER/THE DAILY CAMPUS

an easy 4-1 win. While that may suggest that the Ice Bus was picking up momentum towards the end of the game, as a spectator who was there to experience the loss in-person, I can say with dignity that the Huskies didn't pose any real threat to challenging Northeastern's lead after falling behind in the first period.

The team's loss in the first game at the new Toscano Ice Forum was the grand finale of a sequence of poor performances. For the only time in any of their three major-arena games, the Ice Bus was actually dominating their opponent — the team had built a 2-0 lead and carried a 2-1 advantage into the midway point of the third period. The Huskies were dominating possession of the puck, firing off good shot after good shot, making

it seem that the team was further ahead in the contest than they actually were. Those missed opportunities — and there were plenty of them — along with an inexcusable penalty allowed Northeastern to tie the game and, subsequently, take a 3-2 lead in a matter of minutes, silencing the home crowd. It remained quiet, enough to hear a pin drop, when Northeastern tacked on goal number four, and though UConn brought the game within one with 30 seconds remaining, the effort was too little, too late, and fans were forced to endure a roller coaster of emotions that ended with the gut-wrenching loss. As the final buzzer sounded, fans ushered the team off the ice with a chorus of boos.

Whether it be a lack of confidence, or perhaps a case of

the jitters when more college hockey fans have their eyes fixated on this team, there seems to be an obvious distinction between the way in which the Ice Bus plays on familiar ice versus an arena in which they know very little. Perhaps the team should have never departed from their former home in the XL Center, where they boast a 8-2-2 record this season, including wins over solid programs in Boston University, Ohio State and UMass Lowell. But it is apparent that one glaring question exists for the program to answer as they repeatedly fail to come up clutch with more eyes upon them: Has this UConn ice hockey program truly ascended to an elite level, or is it time for fans to lower their expectations?

The 2022 season and the future of the UConn football program

by Cole Stefan
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Back in August, I told people to believe in the Husky Revolution. Especially after a 1-11 campaign in 2021, I had a feeling that the 2022 season would be much different than years past for the UConn football team. With a new head coach in Jim Mora and a social media team promoting a revolution within the program, change was bound to happen.

I am glad that that specific Coleumn aged well.

In 2022, the Huskies had their best season since 2015, becoming bowl eligible for the first time in seven years while notably upsetting the No. 19 ranked Liberty Flames at home. UConn went 5-1 at Rentschler Field, their best record there since going undefeated in 2010, while seeing a 50.4% increase in overall attendance. In addition to national recognition on the field, Mora's haunted house got featured on ESPN College Gameday and the entire team appeared on an episode of First Take. It was a season that fans will remember for years to come.

With the season ending after the Myrtle Beach Bowl last month, it is time to look ahead to the future of the football program. The best place to start is by looking at some of the new talent coming soon to Storrs.

In this day and age, the transfer portal is more important than anything in picking up talent in college sports. Over the last month, the Huskies picked up transfers who I think will compete for starting spots right from the start.

They come from diverse backgrounds, whether it is a Power Five program like the Kansas Jayhawks (Eriq Gilyard) and the Michigan Wolverines (Louis Hansen) or an FCS team like the Richmond Spiders (Ray Eldridge) and the Maine Black Bears (Joe Fagnano).

The transfer portal is not the only place where UConn reloaded, however. Although there were no four or five-star prospects among the 2023 recruiting class, there are three people whom I think will have the same impact in their first year that Zion Turner and Victor Rosa had last season.

The first one is wide receiver Jarvis "Jett" Jones, a New Jersey native whose best offer outside of Storrs came from the Marshall Thundering Herd. Beyond his cool and airplane-themed nickname, this is someone who can come off the bench as a slot receiver next to Keelan Marion and Cam Ross and use his speed to pick up a lot of yardage after the catch.

Second is defensive end Cleto Chol from Andover, New Hampshire. One of the main priorities that the Huskies focused on was to bolster a defense that allowed over 26 points a game. Chol can stuff the run game in its tracks, and being able to learn from the people on the defensive line such as Pryce Yates and Eric Watts is going to help with his long-term development.

Finally, there is Cameron Chadwick, a three-star cornerback from New Jersey. Chadwick uses both his quickness and his agility to return the football to the house. Whether it is with the special teams unit on a kick return or with the star-studded secondary on an inter-



LOGO BY KAITLYN TRAN, ARTIST EDITOR/THE DAILY CAMPUS

ception, he can get the crowd on their feet while scoring some big points.

But who will help the recruits transition into the college game and the program's culture? Ian Swenson, Tre Wortham, Marquez Bemby and Jake Guidone among others may be gone, but Jackson Mitchell and Christian Haynes will continue to lead like they did last season.

Haynes, an AP Third Team All-American, anchored an offensive line that helped the run game dash for over 200 yards on the ground six times while protecting Turner by surrendering 17 sacks heading into the bowl game. Getting Haynes back for one more year is massive and will help some of the younger linemen, such as Brady Wayburn, learn how to block the defense from stopping plays early.

Meanwhile, Mitchell finished fourth in the nation in total tackles with 140 and seventh in tackles per game at 10.8. Mitchell would have been a second-day draft selection had he declared for the Nation-

al Football League, but his return will boost his draft stock for 2024 while giving the linebacker department a much-needed voice in the locker room. Although the university has homegrown athletes such as Donovan Clingan and Scott Testori, Mitchell is the quintessential "Mr. Connecticut" of UConn Athletics.

With the right talent and a determined work ethic, the Huskies have a legitimate chance to go bowling once again. Opponents like Tennessee at Neyland Stadium are going to be hard to conquer, but there are at least seven to eight teams on next season's schedule that UConn has a chance of winning against. If they can beat teams like the North Carolina State Wolfpack and the James Madison Dukes, then their chances of getting invited to a bowl game after becoming bowl eligible are going to increase due to their strong regular season resume.

I also want to highlight the impact the social media team

has produced. According to information gathered from SkullSparks, the Huskies had the largest percent increase in social interactions between Instagram, Twitter and Facebook out of any FBS program in the country at 305%, 13% ahead of the second place Jayhawks. I do not expect the increase in social interactions to be this high next season, but the social media team has regenerated interest in the fans that will carry over into the next generation.

Beating a ranked opponent at home, becoming bowl eligible and going to the Myrtle Beach Bowl was just the beginning. Even though the Huskies were nationally recognized for their incredible one-year turnaround, this upcoming season is critical to the team's long-term future.

Given the culture that Mora has instilled in the program and the six-second mentality of the players, I expect the Husky Revolution to continue to be televised. Until then, it is time to reload.



Sports

Men's Basketball: No. 15 Huskies stumble in second, suffer embarrassing loss at Seton Hall

by Jonathan Synott

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It's been a tough five-game stretch for the UConn men's basketball team, as the No. 15 Huskies previously lost four of their last five, including an embarrassing double-digit defeat at home to St. John's this past Sunday.

Over a span of very tough losses, this one may take the cake.

After taking a commanding 17-point lead in the first half, Connecticut saw their lead slowly whittled away due to sloppy defense and rushed offensive possessions, leading to a 67-66 Seton Hall win at the Prudential Center. The Pirates held the lead for a total of six seconds of game time.

The Huskies entered the matchup without two key pieces on the sideline, head coach Dan Hurley and associate head coach Kimani Young. Both tested positive for COVID-19 prior to the contest, and did not travel with the team. In their places were assistant coaches Luke Murray and Tom Moore.

The game started out business as usual for the Huskies, as the team fed their top two scorers - big man Adama Sanogo and guard Jordan Hawkins. UConn started the game on a 10-2 run, with the duo accounting for all 10 of their points. Despite the hot beginning, the Pirates gave a little push back, bringing the Husky lead down to just four points with about six minutes of play.

It was at this point where Connecticut seemingly rediscovered their identity. A dominating 15-1 run followed for the Huskies, sharing the ball between scorers Donovan Clin-

gan, Alex Karaban and Tristen Newton over that stretch.

All of a sudden, it looked like the Huskies were having fun on the court again - something we've rarely seen from this group in road conference play. By the end of the first half, UConn led Seton Hall 40-26, outrebounded the Pirates by eight and assisted on 12 of their 15 made baskets. That's the identity they've been looking so hard to find.

And there it went.

Seton Hall came out of the break hot, fueled by a packed Prudential Center not giving up on the thought of an upset. Their offense was full of firepower, scoring 14 points in less than four minutes. The Huskies were able to match that pace for the most part over that span thanks to some timely free throws and a couple of goaltending calls favoring Sanogo.

Soon after that, the Huskies lost their steam. One 8-0 run from the Pirates later, and the lead was cut to just three points with 14:19 to go in the contest.

The rest of the contest, UConn played inconsistent basketball. The team surely had their moments - a Donovan Clingan and-1 dunk followed by a Joey Calcaterra three comes to mind - but was never steady enough to break away. It wasn't until just over a minute left that Seton Hall took the lead for the first time all game, and five seconds later Connecticut regained it with a pair of free throws.

In the last possession of the game, Pirate guard Kadary Richmond found a wide-open Femi Odukale for three, but it fell short. However, a big offensive rebound and bucket from



UConn men's basketball suffer a 85-74 loss against St. Johns at the XL Center in Hartford, Conn. following a noon matchup on Sunday, Jan. 15. In front of a sold-out crowd, the Huskies added another defeat to their record.

PHOTO BY SOFIA SAWCHUK, ASSOCIATE PHOTO EDITOR/THE DAILY CAMPUS

KC Ndefo with one second left gave Seton Hall the lead for good.

It was an abnormally ugly game for the big men, as Sanogo, Karaban and Clingan combined for 3-for-14 shooting in the second half, including a few open baskets at the rim. Sanogo finished as the team's leading scorer, adding 16 points with five rebounds and five fouls.

Down the stretch, it was Newton who looked like the best Husky on the court, earn-

ing a tough basket and going 6-for-6 from the line. Hassan Diarra also had some key moments for UConn, but the offensive-minded guard issues still persist for a team previously heralded for its depth.

After finishing non-conference play undefeated, the Huskies now sit at a record of 4-5 in the Big East. The conference slate ahead of them is no joke, and while they've cleared the majority of their toughest Big East tests, they

need to take care of business down the next stretch of games and regain some confidence before tournament season. They've proved earlier in the year that they can win big games - at this point it's all about finding their identity and keeping things consistent.

Next up for Connecticut is a Sunday afternoon date with the Butler Bulldogs at the XL Center in Hartford. Tipoff is set for 12 p.m. and the game will be broadcast live on FOX.



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PHOTO BY SOFIA SAWCHUK, ASSOCIATE PHOTO EDITOR/THE DAILY CAMPUS

WHAT TO KEEP AN EYE ON THIS WEEK

UConn SCOREBOARD



66 vs. 67

Men's Basketball
Wednesday

Upcoming Games



Women's hockey, 6 p.m. Friday
Providence, R.I.



Women's basketball
12 p.m. Saturday
Storrs, Conn

INSTAGRAM OF THE DAY



@jonathanhusky14
Get to class! You never know who you might meet.

TWEETS OF THE DAY



Holy City Sinner
@HolyCitySinner
Assistant basketball coach Luke Murray, Bill Murray's son, is coaching UConn tonight.

Perm
@premdawg
Shaheen - screw the plays, UConn is going to freestyle!

Pros and UConn
@KembaBuzzer2011
Stop fouling. Start driving. Go Huskies.

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